Breckenridge Monthly Meal Menu for April 2023

Monday	Tuesday	Wednesday	Thursday	Friday
NSI provided this service through a contract with the DSAAA with funding from the Federal Older Americans Act through the Minnesota Board on Aging.	This meal is prepared in a facility that uses wheat, soy, dairy and nuts. Menu is subject to change. Meals are served with low fat milk, bread, and margarine.	**Meals are served with low fat milk, bread and margarine.**		
03) Meatballs Pork Roast Mashed potato/gravy Corn Dessert	04) Fish Baked ham Baked beans Potato salad Strawberry shortcake	05) Pork Chop Turkey Potato Casserole Green beans Orange fruited jell-o	06) Liver N onions Meatloaf Mashed potato/gravy Baked squash Cake	07) Taco Salad Muffin Fruit Dessert
10) Country fried steak Chicken breast in country gravy Mashed potato/gravy Dill glazed carrots Fruit cup	11) Salisbury steak BBQ Ribette Baked potato Creamed peas Rosy pears	12) Salmon loaf Roast beef Mashed potato/gravy Baked squash Dessert	13) Tater crust fish Pork Roast Mashed potato/gravy Mixed vegetables Cookie	14) Soup Sandwich Salad Dessert
17) Hamburger gravy Turkey gravy over Mashed potato Mixed vegetables Cookie	18) Liver N Onions Pork Chop Au gratin potatoes Corn Apple crisp	19) Ribette Meat loaf Peas and carrots Mashed potato/gravy Dessert	20) Crispy Chx salad Spaghetti/meat sauce Yellow beans Bread stick Fruit	21) Chef Salad Muffin Fruit Dessert
24) Fish Polish sausage Creamed potatoes Baked Beans Pudding/topping	25) Ham Baked chicken Mashed potato/gravy Broccoli Cheese cake	26) Chicken Strips Salisbury steak Baked potato Scalloped corn Cake	27) Meat loaf Ham Scalloped potatoes Carrots Dessert	31) Soup Sandwich Salad Dessert

Please call 643-5730 by 8:00 with changes or leave a message anytime.