

## FREETAX PREPARATION SERVICES

Who? Families & individuals with income less than \$60,000

Where? CAPLP— 311 5th Street South, Breckenridge, MN

Why? Because we want you to keep ALL of your refund!

Call: (218) 512-1570 to schedule an appointment today!

This service is made possible with funding and support from:





### MNSURE NAVIGATORS—HERE TO HELP

If you have any questions about signing up through the MNsure website and would like help with



and would like help with the process, call:

(218) 512-1562

# ARE YOU STRUGGLING TO BUY HEALTHY FOOD FOR YOUR FAMILY?

The minimum amount you could be eligible for is \$20 per month. It may not sound like much, but that is enough for 4 pounds of beef,

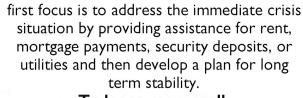


4 gallons of milk, or 5 dozen eggs!

Call (218) 512-1570 for more information about SNAP

#### HOUSING

CAPLP offers various housing programs for people experiencing homelessness and at risk of homelessness. Our first focus is to address the immediate crisis



To learn more, call: (218) 512-1570

### **HOME-BASED EARLY HEAD START**

NOW ENROLLING pregnant moms and children ages birth-3. Enrolled families receive weekly home visits from September through July. Services are free. Families receive support with child development, health, nutrition, social interactions, and much more!

Call or email Tiffany at: (218) 512-1515 tiffanym@caplp.org for more information.



CAPLP eliminates poverty by empowering families and engaging communities. For more information about how we help people change their lives every day, visit caplp.org