

Breckenridge Senior Citizens Center

April, 2023 - News Letter



Board of Directors of Breckenridge Senior Center

President: Harlan Arneson

Vice President: Jerry Loreth

Treasure: Harlan Arneson

Secretary: Ella Watson

Board Members: Darlene Arth, Neal Folstad and Arlene Cossette

Life Time Members: Beverly Arneson, Harlan Arneson, Myrna Burlinson, Audrey Boll, James Christensen, Margaret Conzemius, Arlene Cossette, Bev Dozak, Marie Ellingson, Dona Hasbargen, Valeria Hegel, Carol Helgeson, Dennis Higgins, Janis Johnson, Kathleen Johnson, MarJo Keller, Gordy Kessler, John Marchand, Pat Mitzel, Merrill Miranowski, Stephanie Miranowski, Audrey Osmondson, Beryl Osmondson, Dorothy Rakow, Glenn Rakow, Paulette Raguse, Lois Ruediger, Elizabeth Spent, Lois Thykeson, Ella Watson, Al Wawers, Gary Wawers and Steve Ziegelmann.

2023 Members - Faye Andree, Darlene Arth, Carol Anderson, Dale Anderson, Barb Baumgartner, David Beyer, Jan Beyer, Dennis Beyer, Gary Boutiette, Diane P. Bjerke, Mark Charging, Kay Christenson, Beverly Christensen, Janet Czichatzki, Jeanne DeVine, Donna Doran, LaVonne Dupree, Charles Dupree, Mike Dupree, Rosie Dupree, Marge Ehlers, Alice Ellsworth, Donald Facey, Pamela Facey, Neil Folstad, Phyllis Folstad, Albert Gowin, Alice Gowin, Von Da Lee Grandalen, Maxine Harms, Edna Hermes, Jeannie Hills, Dee Johansen, Donna Kerry, Ed Klein, Steve Klein, Judy Korinek, Kevin Krutsinger, Kaye Leinen, Irv Leinen, Joretta Lingen, Deanna Loreth, Jerry Loreth, Albert Mikesh, Berniece Miller, Cathy Nordick, Jerry Nordick, Jodie Olson, Bob Oscarson, Eileen Overby, Wilma Papka, Jeannette Pikarski, Julie Reeder, Charles Reiff, Muriel Revier, Mary Lou Roecker, Celia Rossow, Paul Sannes, Rosemary Samuelson, Krystal Schaible, Beverly Schillinger, Nancy Stackhouse, Bruce Storm, Maynard Thomson, Joanie Ward, Paula Wallace, Alan Wallace, Mark Ward, Dawn Wells, Marlys Wefel, Sandy Wilson, Howard Woodbury, and Sandra Willson.

If you have paid your 2023 Senior Center Membership and I didn't record it please let me know.

Please - If you are planning on being a member of the Breckenridge Senior Center we would appreciate you paying your membership soon. We need you as part of the Breckenridge-Wahpeton Senior Family.

Breckenridge Senior Center Mission Statement - Our mission is to provide seniors with programs which will enhance and encourage independence, socialization, choices, and a healthy lifestyle. Everyone will be free of discrimination and be treated with dignity and respect.

PINOCHLE WINNERS

Feb 21, Pinochle Winners

- 1st. Alice Ellsworth
- 2nd. Neil Ross & Ed Klein
- 3rd. Harvey Andel
- 4th. Ella Watson

Feb 28, Pinochle Winners

- 1st. Beth Beyer
- 2nd. Kathy Johnson
- 3rd. Jerry Loreth
- 4th. Denny Beyer
- 5th. Steve Klein & Joretta Lingen

March 7, Pinochle Winners

- 1st. Ed Klein
- 2nd. Cecil Irion
- 3rd. Phyllis Revier
- 4th. Alice Ellsworth
- 5th. Ella Watson

March 14, Pinochle Winners

- 1st. Jerry Loreth
- 2nd. Alice Ellsworth
- 3rd. Steve Klein
- 4th. Cecil Irion
- 5th. Van Da Lee Grandalen

March 21, Pinochle Winners

- 1st. Steve Klein
- 2nd. Phyllis Folstad
- 3rd. Jerry Loreth
- 4th. Muriel Revier

WHIST WINNERS

Feb 23, Whist Winners

Snow Storm - no cards

March 2, Wist Winners

- 1st. Ed Klein
- 2nd. Paulette Reguse,
Ella Watson,
Mike Dupree
- 3rd. Paul Sannes,
Muriel Revier

March 9, Whist Winners

- 1st. Rosie Dupree
- 2nd. Janella Schmidt
- 3rd. Cecil Irion
- 4th. Muriel Revier/Ella Watson

March 16, Whist Winners

- 1st. Alice Ellsworth
- 2nd. Rosie Dupree
- 3rd. Bernice Miller
- 4th. Chuck Reiff & Gary



April Birthday's

- 04 Wallace Affield
- 06 Charles Dupree
- 09 Patricia Rustand
- 11 Krystal Schaible
- 14 Joretta Lingen
- 15 Mary Campbell
- 17 Donna Kelly
- 19 Judy Korinek
- 20 Sue Anderson
- 20 Don Facey
- 21 Lois Thykeson
- 22 Kaye Leinen
- 23 Dana Hasbargen
- 24 Joanie Ward
- 26 Robert Faulkner
- 27 Gordy Kessler



April Anniversaries

- 20 Mike Dupree and Wife

Members that have their Birthday in April are invited to a free meal on April 19th at 11:30 AM at the Breckenridge Senior Center.

PINOCHLE, TUESDAY 1:00 P.M. - There is normally four - five tables of players each week. Each player pays \$1.00 to play. There is a small cash price for the top three players each week. Everyone enjoys playing cards, visiting and having lunch when they are done at about 3:30 p.m.

BINGO, WEDNESDAY 1:00 P.M. - We charge 50 cents per card for the day and you can play as many cards as you would like. We play a total of twenty different games. Each game winner receives a dollar. The 12th game is blackout, if you get blackout before a certain number of numbers are called you will get \$25.00. If you get the first blackout but it is over the number of numbers called you will receive \$3.00. We have a small lunch after a blackout. Then we play seven more games. We are normally done by 3:00 p.m.

WHIST, THURSDAY 1:00 PM - If you are interested in playing whist please call the center 218-643-5730. Your name will be added to a players list and you will be called when players are needed.

There is normally four - five tables of players each week. Each player pays \$1.00 to play. There is a small cash price for the top three players each week.

AFTERNOON LUNCH (Game Day) - I would like to see all game players take their turn providing-bringing lunch. We have a sign up sheet on the bulletin board next to the office. Please pick a date, and let us know the date by signing the lunch sign up sheet. If you are not able to make something, maybe you could buy something. It is a snack not a meal.

RENTING THE SENIOR CITIZENS CENTER:

The Senior Center can be rented for special occasions: such as a bridal shower, rummage sale, family gathering, birthday party, anniversary party, graduation party, Christmas, etc. It can be rented on weekends, week nights, and may be rented week days if we can make it work.

- Dining Room (week nights): \$40. plus \$100. deposit.
- Dining Room (weekends): \$60. plus \$100. deposit.
- Dining Room with basic kitchen (weekends): \$100. plus \$150. deposit.

Note: Deposit is used to cover any cleaning charges or damage caused by renters. Deposit money will be returned if the center is cleaned and there is no damage.

DONATIONS - If you have extra money and you are looking for a not-for-profit organization please consider donation to the Breckenridge Senior Citizens Center. We are a not-for-profit 501c public Agencies. This would be a great way to help the center.

EATING A NOON MEAL AT THE SENIOR CENTER

Everyone is encouraged to come and have a NOON MEAL at the Breckenridge Senior Center. Suggested meal cost is \$5.00. Noon meals will be served, Monday to Friday at 11:00-12:00. If you wake up and decide you would like to have noon lunch at the center, please call the Center (643-5730) before 8:00 a.m. It would be best if you would inform us the day before your planned meal.

Look over the menu, pick a couple of days and make plans to eat at the center those days.

MEMORIAL - If you would like to remind people of a person in your life that has passed. You could give a memorial to the center in their name.

DONATIONS - If you have extra money and you are looking for a not-for-profit organization please consider donation to the Breckenridge Senior Citizens Center. We are a not-for-profit 501c public Agencies. This would be a great way to help the center.

MEMBERSHIP DUES - BSC membership year is January 1 to December 31. If you want to remain a member please pay your 2023 membership. Yearly membership is \$10.00 or you could get a lifetime membership for \$100.

JANUARY, 2023 to DECEMBER 2023 - We will continue having Birthday - Anniversary recognition on the third Wednesday of each month. Paid Members that have their birthday that month will be given a free noon meal at the center on Birthday - Anniversary recognition day. You must call the day before the planned meal and inform Cheryl what you would like to attend.

Daily activities - We have Pinochle each Tuesday 1:00 PM, Bingo each Wednesday 1:00 PM, and Whist each Thursday at 1:00 PM.

Listed are the **other activities scheduled for April, May, and June**. This is what is planned, (things happen) they can be changed if needed.

April 2023 Activities

01	7:00 PM	Ham Bingo
11	8:00 AM - 5:00 PM	Foot Clinic
	5:00 PM	Pot luck Supper
	6:00 PM	Split Pot Bingo
12	8:00 AM - 5:00 PM	Foot Clinic
	9:00 PM	Board Meeting
19	11:30 AM	Birthday & Ann.
25	5:00 PM	Split Pot Bingo

May 2023 Activities

09	8:00 AM - 5:00 PM	Foot Clinic
	5:00 PM	Pot luck Supper
	5:45 PM	Yearly Board Meeting
	6:15 PM	Split Pot Bingo
10	8:00 AM - 5:00 PM	Foot Clinic
	9:00 PM	Board Meeting
17	11:30 AM	Birthday & Ann.
20	9:00 AM - 2:00 PM	Rummage Sale
23	5:00 PM	Split Pot Bingo

June 2023 Activities

13	8:00 AM - 5:00 PM	Foot Clinic
	4:45 PM	Music - Albert Mikish
	5:00 PM	Pot luck Supper
	6:00 PM	Split Pot Bingo
14	8:00 AM - 5:00 PM	Foot Clinic
	9:00 PM	Board Meeting
21	11:30 AM	Birthday & Ann.
27	5:00 PM	Split Pot Bingo

Tai Ji Quan Class - Moving for Better Balance

Marcy Schutt will be teaching a Tai Ji Quan Class at the Breckenridge Senior Center starting on April 4. The class will be held every Tuesday and Thursday from 10:00 - 11:00 AM for twelve weeks. We have enough people to run the class but could like to have a few more students.

Tai Ji Quan class is a gentle form of exercise that can help maintain strength, flexibility, and balance, and could be perfect activity for the rest of your life.

This class is designed for older adult at risk of falling and people with balance disorders.

If you are interested Tai Ji Quan please call 218-643-5730.



This is a free class, the only thing we ask is that your are committed to the class. We would expect for you to be at as many sessions as possible.

**This class is sponsored by Wilkin Country Health and Human Services,
Senior Coordinator Cynthia H. Sprung**

I am hoping the weather is warmer and that all of you want to get out of the house and come to the center for activities we have scheduled.

It would be greatly appreciated some of you could make some finger sweets for the Ham Bingo on Saturday April 1.

**Pot Luck Supper - 5:00 PM
Split Pot Bingo - 6:00 PM
Breckenridge Senior Center
April 11, 2023**

**Split Pot Bingo - 6:00 PM
Breckenridge Senior Center
April 25, 2023**

The Yearly Board Business Meeting and election of Officers will be held on Tuesday, May 9th at the Pot Luck Supper.

The following officers our serving a one year term, President - Harlan Arneson, Vice President - Jerry Loreth, and Secretary - Ella Watson.

The Board Member serving a three year term: Darlene Arth is completing her third year term.

If you are interested in running for Breckenridge Senior Center board please inform me that you would like to run for the following office board position.

Term one year	President
	Vice President
	Secretary
Term three year	Board Member

Breckenridge Senior Center Election

I will be sending out a Ballot in May's news letter.

At this time the following people have informed me that they would run for 2023 Breckenridge Senior Center office.

President - Harlan Arneson

Vice President - Darlene Arth

Secretary - Ella Watson

Board Member - Faye Andree

Please think about running for office.

RUMMAGE SALE - The Center will be having its spring rummage sale on May 20. This will give you time to clean out the closets, basement, etc and be ready for the May 20th rummage sale

It would be greatly appreciated if you would be able to donate to this sale.

I would appreciate if you would wait until closer to the date before you start brings your donations to the center.

**Breckenridge Senior Citizens Center
April 2023 - Activities**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				01) Social Time	01) 7:00 PM Ham Bingo
03) Social Time	04) 1:00 Pinochle	05) 1:00 Bingo	06) 1:00 Whist	07) Social Time	
10) Social Time	11) 8:00 Foot Clinic 1:00 Pinochle 5:00 Pot Luck 6:00 Split Pot Bingo	12) 9:00 Board Meet 1:00 Bingo	13) 8:00 Foot Clinic 1:00 Whist	14) Social Time	
17) Social Time	18) 1:00 Pinochle	19) 12:00 Birthday/Ann. 1:00 Bingo	20) 1:00 Whist	21) Social Time	
24) Social Time	25) 1:00 Pinochle 6:00 Split Pot Bingo	26) 1:00 Bingo	27 1:00 Whist	28) Social Time	

Breckenridge Monthly Meal Menu for April 2023

Monday	Tuesday	Wednesday	Thursday	Friday
NSI provided this service through a contract with the DSAAA with funding from the Federal Older Americans Act through the Minnesota Board on Aging.	This meal is prepared in a facility that uses wheat, soy, dairy and nuts. Menu is subject to change. Meals are served with low fat milk, bread, and margarine.	Meals are served with low fat milk, bread and margarine.		
03) Meatballs Pork Roast Mashed potato/gravy Corn Dessert	04) Fish Baked ham Baked beans Potato salad Strawberry shortcake	05) Pork Chop Turkey Potato Casserole Green beans Orange fruited jell-o	06) Liver N onions Meatloaf Mashed potato/gravy Baked squash Cake	07) Taco Salad Muffin Fruit Dessert
10) Country fried steak Chicken breast in country gravy Mashed potato/gravy Dill glazed carrots Fruit cup	11) Salisbury steak BBQ Ribette Baked potato Creamed peas Rosy pears	12) Salmon loaf Roast beef Mashed potato/gravy Baked squash Dessert	13) Tater crust fish Pork Roast Mashed potato/gravy Mixed vegetables Cookie	14) Soup Sandwich Salad Dessert
17) Hamburger gravy Turkey gravy over Mashed potato Mixed vegetables Cookie	18) Liver N Onions Pork Chop Au gratin potatoes Corn Apple crisp	19) Ribette Meat loaf Peas and carrots Mashed potato/gravy Dessert	20) Crispy Chx salad Spaghetti/meat sauce Yellow beans Bread stick Fruit	21) Chef Salad Muffin Fruit Dessert
24) Fish Polish sausage Creamed potatoes Baked Beans Pudding/topping	25) Ham Baked chicken Mashed potato/gravy Broccoli Cheese cake	26) Chicken Strips Salisbury steak Baked potato Scalloped corn Cake	27) Meat loaf Ham Scalloped potatoes Carrots Dessert	31) Soup Sandwich Salad Dessert

Please call 643-5730 by 8:00 with changes or leave a message anytime.