# AmeriCorps

# **Legacy Corps for Veterans and Military Families**



## Individuals Reaching Out To Serve Their Communities! (Becker, Clay, Wilkin and Norman Counties)

AmeriCorps workers 17 years or older enrolling NOW!

## Benefits As An AmeriCorps Volunteer

| □ Provide service and receive a monthly living allowance |  |
|--|--|
| of \$200.  |  |

□ Qualify for an approximately \$1600 education award following 450 hour commitment.

□ Gift the education award to a child, grandchild or foster child (available for AmeriCorps volunteers age 55 or older before beginning the term of service).

 $\hfill\square$  Keep a flexible schedule with plenty of time for other work, school and time off.

□ Earn valuable resume experience with a national program.

□ Make a difference in the many lives you will touch and in the community where you live and serve.

## **Requirements** As An AmeriCorps Volunteer

□ Must be 17 years of age or older.

□ Provide an average of 10 hrs. each week in service helping elders in your community (450 hrs. in a 12 month period\*).

□ Have basic computer skills and access to a computer.

□ Participate in a 20-hour orientation session.

□ Attend monthly in-service education sessions.

□ Complete a background check.

#### For more info:

Laura Rasmussen

#### Caregiver Support and Respite Care Regional Coordinator

218-220-7517

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AmeriCorps is a network of national service programs that engage Americans in intensive service to meet critical needs in education, public safety, health and the environment. The AmeriCorps Legacy Corps for Veterans and Military Families, through Lutheran Social Service of Minnesota, provides opportunities for individuals to be respite volunteers, assisting family members who are responsible for the care of persons 60 and older with chronic health issues.

#### \*The AmeriCorps year is Sept. 1<sup>st</sup> – Aug. 30<sup>th</sup>.

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