

## Breckenridge Monthly Meal Menu for August 2025

Monday	Tuesday	Wednesday	Thursday	Friday
Meals are served with low fat milk, break and margarine	This meal is prepared in a facility that uses wheat, soy, dairy and nuts.	Menu is subject to change. Meals are served with low fat milk, bread, and margarine.		01) Chicken Rice Soup Sandwich Fruit Juice Dessert
04) Ham Crispy Baked Chicken Au gratin Potatoes Carrots Cookie	05) Polish Sausage BBQ Baked Beans Potato Salad Pudding	06) Chef Salad Spaghetti w/meatballs Waxed Beans Garlic bread stick Fruited gelatin	07) Liver & onions Roast turkey Mashed potato/gravy Baked squash Mixed fruit	08) Ham salad sandwich Cheddar macar. salad Fresh fruit Cookie
11) Tarter Crust Fish Chicken strips Mashed potato/gravy California Blend Fruit salad	12) Country Fried Chicken Country Pork Chop Baked potato Green Beans Rhubarb Sauce	13) BBQ Riblets Swedish meatballs Mashed potato/gravy Parsley Carrots Chocolate chip bar	14) Taco Salad Goulash Mixed vegetables Dinner roll Tropical fruit salad	15) Sausage Pizza Corn Applesauce Jell-0
18) Hot Dog/Bun Cheeseburger/bun French Fries Baked Beans Cookie	19) Liver & Onions Turkey Baked Sweet potato Green beans Cake	20) Chicken Meatloaf Baked potato Corn Pumpkin bar	21) Meatballs Pork Roast Mashed potato/gravy Glazed carrots Mandarin oranges	22) Crispy Chicken Salad Muffin Fruit Juice Dessert
25) BBQ Riblets Pepper steak Mashed potato/gravy Beets Pudding/topping	26) Pork Chop Creamy Chicken Baked potato Steamed broccoli Cheesecake	27) Tater Crust fish Polish Sausage Boiled potato Creamed peas Pie	28) Ham & Cheese/bun Chicken melt/bun Coleslaw French Fries Cookie	29) Egg salad/bun Pork & Beans Macaroni Salad Fresh fruit

Please call by 8:00 with changes or leave a message anytime. NSI provided this service through a contract with the DSAAA with funding from the Federal Older Americans Act through the Minnesota Board on Aging.

Phone # 218- 643-5730