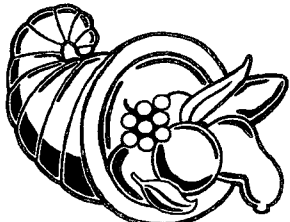


November 2025

Monday	Tuesday	Wednesday	Thursday	Friday
03) Chicken melt/bun Fish patty/bun Parsley boiled potatoes Steamed Broccoli Cake	04) Beef stroganoff Chicken alfredo over pasta Garlic bread stick Mixed vegetables Fruited gelatin	05) Ham Roast beef Mashed potato/gravy Creamed cabbage Rice krispy bar	06) Chef Salad Tater tot hot dish Fruited gelatin Cookie	07) Chicken noodle Soup Salad Sandwich Dessert
10) Polish sausage Sloppy joe on bun Baked beans Pea and cheese salad Pudding & topping	11) Pork chop Turkey Bread dressing/gravy Creamed peas Rosy applesauce	12) Meatballs Roast pork Mashed potato/gravy Squash Jell-o/ topping	13) Liver & onions Baked fish Au gratin potaotes California blend Lemon fluff	14) Waffle/sticks Ham patty Eggs Fruit
17) Country fried steak Chicken strips Boiled potatoes/gravy Scalloped corn Jell-o/topping	18) Salisbury steak BBQ riblets Chessy hash browns Glazed carrots Rice pudding	19) Creamy chicken breast Meatloaf Baked potato Mixed vegetables Fruit cup	20) Pork chop Baked chicken Dressing/gravy Baked squash Mashed potatoes Cookie	21) Italian wedding soup Sandwich Salad Dessert
24) Ham & cheese/bun Chicken patty/bun Scalloped potatoes Green beans Pudding/topping	25) Beef stew/biscuit Spaghetti Meat sauce Wax beans Garlic bread stick Mandarin oranges	26) Ham Roast turkey Mashed potato/gravy Candied yams Cranberry salad Pumpkin dessert	27) Happy Thanksgiving Closed	28) Closed Pasta Salad given out on the 26 th .
			Meals are served with low fat milk, break and margarine. This meal is prepared in a facility that uses wheat, soy, dairy and nuts.	Menu is subject to change. Meals are served with low fat milk, bread, and margarine.

Please call by 8:00 with changes or leave a message anytime. NSI provided this service through a contract with the DSAAA with funding from the Federal Older Americans Act through the Minnesota Board on Aging. Phone # 218- 643-5730

Page (7)