

Breckenridge Monthly Meal Menu for September 2024

Monday	Tuesday	Wednesday	Thursday	Friday
02) Chicken Pasta Salad (Given out Aug 30) Labor Day Closed	03) Polish Sausage BBQ Ribette Au gratin potatoes Sauerkraut Lemon fluff	04) Chef Salad Hamburger stroganoff California blend Spice cake	05) Baked Chicken Roast Beef Mashed potato/gravy Green beans Brownie	06) Broccoli/Cauliflower Cheese soup Sandwich Fruited jello Cookie
09) Creamy Chicken Breast Meatloaf Baked potato Mixed vegetables Cookie	10) Crispy Chicken salad Spaghetti W/Meat Sauce Yellow beans Garlic toast medallions Mandarin oranges	11) Country fried steak Country pork chop Parsley boiled potato Scalloped corn Whipped gelatin	12) Liver N Onions Roast turkey Mashed potato/gravy Carrots Cheesecake	13) French toast Bacon Cheesy tater tots Fruit Juice Fruit
16) Pepper steak Baked chicken Mashed potato/gravy Mixed vegetables Pudding/topping	17) Tater Crust Fish Salisbury Steak Baked potato Creamed corn Rosy applesauce	18) Hamburger Chicken melt Potato Casserole Coleslaw Lemon puff dessert	19) Salisbury steak Pork roast Mashed potato/gravy Steamed broccoli Cake	20) Chef Salad Muffin Fruit Juice Cookie
23) Fish/bun Sloppy Joe Potato salad Baked beans Fruit cup	24) Liver N Onions Baked ham Scalloped potatoes Mixed vegetables Pineapple upside down cake	25) Chicken patty Meatballs Mashed potato/gravy Carrots Rice Krispie Bar	26) Pork Chop Turkey/dressing Mashed potato/gravy Yams Pumpkin Bar	27) Pancakes Scrambled eggs Sausage Fruit
30) Mac N cheese Chicken ala king White rice Peas & Carrots Cookie	NSI provides this service through a contract with the DSAAA with funding from the Federal older Americans Act through the Minnesota Board on Aging.	Menu is subject to change	NSI provided this service through a contract with the DSAAA with funding from the Federal Older Americans Act through the Minnesota Board on Aging	This meal is prepared in a facility that uses wheat, soy, dairy and nuts. Menu is subject to change. Meals are served with low fat milk, bread, and margarine.

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Please call 218-643-5730 by 8:00 with changes or leave a message anytime.