

Breckenridge Monthly Meal Menu for November 2024

Monday	Tuesday	Wednesday	Thursday	Friday
NSI provides this service through a contract with the DSAAA with funding from the Federal older Americans Act through the Minnesota Board on Aging.	NSI provided this service through a contract with the DSAAA with funding from the Federal Older Americans Act through the Minnesota Board on Aging	This meal is prepared in a facility that uses wheat, soy, dairy and nuts. Menu is subject to change. Meals are served with low fat milk, bread, and margarine.	Menu is subject to change	01) Chili Muffin Apple Sauce Brownie
04) Ham Pepper steak Mashed potato/gravy Glazed carrots Cheese cake	05) Country pork chop Country fried steak Mashed potatoes Gravy Corn Dessert	06) Mac N Cheese Goulash Yellow beans Breadstick Baked apples	07) Liver & Onions Baked chicken Baked potato Yams Pudding/topping	08) Corn Chowder Ham Salad sandwich Fruit Juice Cookie
11) BBQ/bun Hot Dog on bun Baked beans Pea and cheese salad Cookie	12) Chicken Baked fish Cheesy hashbrowns California blend Lemon bar	13) Meatballs Roast pork Mashed potato/gravy Squash Jell-o/topping	14) Turkey Meatloaf Mashed potato/gravy Creamed peas Cake	15) Taco Salad Muffin Dessert
18) Chicken strips Swiss steak Boiled potato/gravy Candied yams Pudding/topping	19) Liver N Onions Chicken strips Mashed potato/gravy Scalloped corn Jell-o/topping	20) Creamy chicken breast BBQ Ribette Baked potato Green beans Rice pudding	21) Fish Burger Salisbury Steak Sand Mashed potato/gravy California blend Cookie	22) Chicken Noodle Soup Salad Sandwich Dessert
25) Pork Chop Turkey Bread dressing/gravy Creamed peas Rosy applesauce	26) Chicken Spaghetti Casserole Spaghetti Meat sauce Wax beans Garlic bread stick Mandarin oranges	27) Polish Sausage Baked ham Au gratin potatoes Candied carrots Cranberry salad Pumpkin bar	28) Happy Thanksgiving Closed	29) Delivered on 27 th Chicken pasta salad Garlic bread stick Dessert

Meals are served with low fat milk, bread and margarine.

Please call 218-643-5730 by 8:00 with changes or leave a message anytime.