

Breckenridge Senior Citizens Center

June 2025 - News Letter

Board of Directors

President: Harlan Arneson,

Vice President: Darlene Arth,

Treasure: Harlan Arneson

Secretary: Ella Watson

Board Members:

Janette Hasse and Arlene Cossette



Life Time Members: Beverly Arneson, Harlan Arneson, Shirley Berndt, Audrey Boll, Myrna Burlinson, Cal Cole, Margaret Conzemius, Arlene Cossette, Jeanne Devine, Charles Dupree, LaVonne Dupree, Mike Dupree, Bev Dozak, Marie Ellingson, Alice Gowin, Dona Hasbargen, Janette Hasse, Valeria Hegel, Carol Helgeson, Dennis Higgins, Janis Johnson, Kathleen Johnson, MarJo Keller, Gordy Kessler, Judy Korinek, Kevin Krutsinger, Albert Mikesh, Merrill Miranowski, Stephanie Miranowski, Pat Mitzel, Audrey Osmondson, Beryl Osmondson,

Paulette Raguse, Dorothy Rakow, Lois Ruediger, Elizabeth Spenst, Lois Thykeson, Ella Watson, Sandra Wilson, Gary Wawers, Cheryl Ziegelmann and Steve Ziegelmann.

2025 Paid Yearly Members - Faye Andree, Wallace Affield, Harvey Andel, Darlene Arth, Carol Anderson, Dale Anderson, Barbara Baumgartner, Beth Beyer, Dennis Beyer, David Beyer, Jan Beyer, Diane P. Bjerke, Gary Boutiette, Beverly Christensen, Kay Christenson, Janet Czichotzki, Donna Doran, Jared Dupree, Marjorie Ehlers, Alice Ellsworth, Donald Facey, Pamela Facey, Neal Folstad, Phyllis Folstad, Von Da Lee Grandalen, Velora Hensley, Tom Hiedeman, Cecil Irion, Darlene Irion, Germaine Jelinek, Dee Johanson, Florene Johnson, Paul Kaufman, Stephanie Kaufman, Ed Klien, Steve Klein, Butch Klinnert, Diane Klinnert, Tom Kloster, Patty Kloster, Mary Kosel, Irv Leinen, Kaye Leinen, Joretta Lingen, Denanna Loreth, Jerry Loreth, Cathy Nordick, Gerald Nordick, Jan Michels, Berniece Miller, Christine Orsburne, Raymond Orsburne, Bob Oscarson, Jeri Oscarson, Pat Peterson, Julie Rueder, Gloria Reisdorfer, Muriel Revier, Glen Roberge, Celia Rossow, Paul Sannes, Krystal Schaible, Beverly Schillinger, Janella Schmidt, Nancy Stackhouse, Maynard Thomson, Dianne Vavra, Alan Wallace, Paula Wallace, Marlys Wefel, Mark Ward, Joanie Ward, and Millie Ziegelmann.

I make mistakes, if you have paid membership and I have not listed your name on this sheet, please give me a call.

If you have not paid your membership please pay soon.

Breckenridge Senior Center Mission Statement -

Our mission is to provide seniors with programs which will enhance and encourage independence, socialization, choices, and a healthy lifestyle. Everyone will be free of discrimination and be treated with dignity and respect.

(Page 1)

PINOCHLE WINNERS

April 22, Pinochle Winners

- 1st. Muriel Revier
- 2nd. Neil Folstad
- 3rd. Rich Hill
- 4th. Denny Beyer
- 5th. Phyllis Folstad



April 29, Pinochle Winners

- 1st. Denny Beyer
- 2nd. Charlie Dupree
- 3rd. Beth Beyer
- 4th. Bob Oscarson
- 5th. Muriel Revier

May 6, Pinochle Winners

- 1st. Denny Beyer
- 2nd. Kathy Johnson/Kay Christenson
- 3rd. Harvey Andel
- 4th. Steve Lies

May 13, Pinochle Winners

- 1st. Marlys Wefel
- 2nd. Jared Dupree
- 3rd. Kaye Lingen
- 4th. Joretta Linger
- 5th. David Beyer

May 20, Pinochle Winners

- 1st. Beth Beyer
- 2nd. Neal Folstad
- 3rd. Jared Dupree
- 4th. Rich Hill
- 5th. Jeri Oscarson

WHIST WINNERS

April 24, Whist Winners

- 1st. Muriel Revier
- 2nd. Charlie Dupree
- 3rd. Dee Johanson
- 4th. Bernice Miller

May 8, Whist Winners

- 1st. Maynard Thomson
- 2nd. Bernice Miller

May 8, Whist Winners

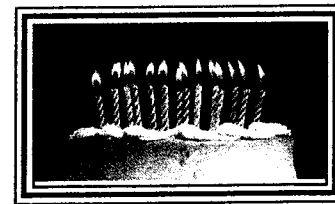
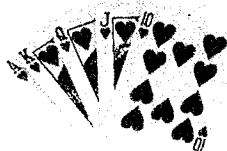
No Cards - Rummage Sale
Setup

May 15, Whist Winners

- 1st. Connie Kennebery
- 2nd. Carol Helgeson

May 22, Whist Winners

- 1st.
- 2nd.
- 3rd.
- 4th.



June Birthday's

- 03 Dee Johansen
- 05 Janet Czichatzke
- 10 Bob Oscarson
- 18 Barb Baumgartner
- 18 Neil Ross
- 18 Harlan Arneson
- 20 Christine Orsburne
- 23 Elizbeth Spent

June Anniversaries

- 16 Deanna & Jerry Loreth
- 26 Janet & Husband Czichatzke
- 30 Carol & Dale Anderson

BIRTHDAY MEAL - Members that have their Birthday in June are invited to a free noon meal on June 18 at 11:15 at the Breckenridge Senior Center.

Members that were married in June will also be recognized.

Renting the Senior Citizens Center

The Senior Center can be rented for special occasions: such as a bridal shower, rummage sale, family gathering, birthday party, anniversary party, graduation party, Christmas, etc.

The center can be rented on weekends, week nights, and may be rented during the week if we can make it work.

Dinning Room - \$100. plus \$100. deposit.

Note: Deposit is used to cover any cleaning charges or damage caused by renters. Deposit money will be returned if the center is cleaned and there is no damage.

Donations - If you have extra money and you are looking for a not-for-profit organization to donate to, please consider donation to the Breckenridge Senior Citizens Center. This would be a great way to help the center.

Memorial - If you would like to remind people of a special person in your life that has passed. You could give a memorial to the center in their name. I will print that you have donated a memorial to the Breckenridge Senior Center in their name.

A memorial was given in Memory of Rose Samuelson from Cathy and Gerald Nordick.

A memorial was given in Memory of Rose Samuelson from Dorothy Rakow.

UPCOMING EVENTS:

Daily Activities - We have Pinochle each Tuesday 1:00 pm, Bingo every Wednesday 1:00 pm, and Whist every Thursday at 1:00 pm.

Listed are the other activities scheduled for June 2025.

10	8:00 am	Foot Clinic
11	8:00 am	Foot Clinic
	9:00 am	Board Meeting
18	11:30 am	Birthday and Anniversary

Foot Clinic - If you are interested in attending the foot clinic and would like to get an appointment please call **Chris (320-224-5521) or Julie (216-731-4190)**. Foot Clinic is held the second Wednesday and the day before, June 10 and 11.

Board Meeting - The Breckenridge Senior Center Board meets the second Wednesday of the Month at 9:00 a.m.. Anyone can attend this meeting.

Birthday/Anniversary - Members of the Breckenridge Senior Center can enjoy a free meal at the center on the third Wednesday of the month of their birthday. Sanford Health pays for the birthday meals and the cake. They also send someone from Wahpeton Sanford Health over to the center for the Birthday recognition. Sanford wants to make personal contact with seniors in the community.

I would like to see more people attend this event. Sanford is a good sponsor for the Center and will continue if Sanford Health thinks it is worth while.

Notice - Attendance for **Potluck Supper** has been poorly attended therefore we will not have pot luck supper every month. We will try having Pot Luck Supper every other month.

Next pot luck supper will be July 8th.

Notice - Attendance for **Jackpot Split Pot Bingo** has also been poorly attended therefore we will not have Jackpot Split Pot Bingo in June.

REPORTS

May 10 - Rummage Sale - The Community was asked to donate stuff to the rummage sale rather than having their own sale. We had all the tables we have full of things to sell.

We had 12-15 people come to help with putting stuff on the tables and boxing thing that were not sold. A special thanks to the people that helped.

We could of used an additional 10-15 people. It is getting harder each year doing this rummage sale. It has been 12 years of rummage sales for me and I can tell you it is getting harder each year.

The number of shoppers was down. Some times you hit a date that less things are going on in the community. We were a week later this year and I think people had other things to do then to come and by our rummage sale stuff.

We cleared about \$750. on this rummage sale.

May 13 - Pot Luck Supper

We had Pot Luck on May 13 with nineteen people in attendance. Everyone had a good meal and enjoyed visiting with other members in attendance.

May 13 - Board Meeting

Our yearly Board Meeting started about 6:15 p.m. with seventeen people in attendance. The following 2024 reports were given: income, spending, fund raisers, donations and financial status. The 2025 projected spending budget was given.

The board has a concern with the number of people attending activities held at the Center: such as Pot Luck Supper, Split Pot Bingo, Speakers, and Classes.

We need to have people attend different activities at the Center or we will have to stop having that activity.

The following officers were elected - President, Harlan Arneson - Vice President, Darlene Arth - Secretary, Ella Watson and Arlene Cassette was elected to the Board for a three-year term.

May 16 - Fall Prevention was presented by Gayle Guggisberg, Clinical Navigator, Pam Health Rehabilitation Hospital Fargo. I attended this presentation and was very excited that we had a service like this in our area.

Gayle gave a very interesting presentation on things we can do to help us from falling. She also talked about the service they provide to people that need to rehab from a fall, surgery, stroke and etc.

May 21 - Birthday/Anniversary

Members of the Breckenridge Senior Center can enjoy a free meal at the center on the third Wednesday of the month of their birthday. Sanford Health sponsoring this event and has a Employee from Sanford Health Wahpeton attend this event. Carrie Uruell-Unrun, LBSW a Social worker at Sandord Health was in attendance.

We did not have anyone members with Birthday's in May in attend for Birthday recognition meal.

Director's thoughts on Pot Luck Supper:

We have been getting fewer members attending the pot luck supper each month. The number of people attending pot luck suppers started dropping off after COVID.

I don't know why fewer people are attending. I know we have gone long enough thinking next month will be better. It is time. We need to try something different. Yes, maybe music might bring additional people to pot luck supper, but the going price is \$75. - \$100. per hour to have a musician play at the center.

When half the people in attendance at the pots luck supper is Board Members and they are in attendance because they think they should be, because they are on the Board. It tells me it is time to make a change.

I have inquired about having food brought to the center for a social evening instead of everyone brings a dish. This would also be on the second Tuesday of the month. This was shot down at yearly board meeting.

Maybe every month is too much.

Need to have something that would cause our member's to want to attend the pot luck supper. Something they might like to do, see, hear, or something they would benefit them.

Maybe people forget we are having a pot luck supper the night.

Maybe they would like to attend put don't have a way to get here.

I plan on trying different things before we drop this social evening for our members.

I need your help, come set down and visit with me on this. Make plans on attending the next pot luck supper, this would go a long way.

Changes

I have everyone phone number that text's on my phone. I will be using text messaging to remind people about an event is being held at the center.

I will be using text to remind the members (that use text) when we are have a pot luck supper.

I will start sending text to make sure everything is working.

Have pot luck suppers every other month.

Have something that may bring people to the pot luck supper. This may be a speaker, music, magic and etc.

Pot Luck Supper

July 8, 2025

5:00 p.m.

Please bring a guest.

6:15 p.m.

Presentation - Personal Health Advanced Directive

**Presenter - Carrie Unruh, LBSW (Social Worker)
Sanford Health, Wahpeton**

This will help us get our things in order.

Breckenridge Monthly Meal Menu for June 2025

Monday	Tuesday	Wednesday	Thursday	Friday
02) Hamburger BBQ Ribette Potato Salad Baked Beans Fruit Cup	03) Taco Bake Chicken & Dumplings Peas/Carrots Cookie Bread Stick	04) Salisbury Steak Baked chicken Mashed potato/gravy Creamed corn Poke Cake	05) Ham Meatloaf Scalloped Potatoes Candied carrots Rice Krispy Bar	06) Chili Sandwich Salad Dessert
09) Chicken Strips Country fried steak Mashed potato/gravy Beets Dessert	10) Fish patty/bun Chicken melt Au gratin potatoes Corn Jell-o/topping	11) Pepper steak Meatballs Mashed potatoa/gravy Mixed vegetables Cake	12) Liver & Onions Polish sausage Baked sweet potato Sauerkraut Pudding/topping	13) Italian lettuce salad Muffin Fruit
16) Turkey Pork chop Baked potato Baked squash Mixed fruit	17) Chef Salad Chicken Ala King White rice Broccoli Cookie	18) Fish/Bun Cheeseburger/bun Potato Casserole Pea & cheese salad Pudding	19) Lasagna Chicken alfredo Breakstick Green Beans Mandarin oranges	20) Waffle Scramble Eggs Sausage Fruit
23) Country fried steak Salisbury steak Mashed potato/gravy Peas & Carrots Rosy applesauce	24) Liver & onions Meat loaf Parsley boiled potatoes Corn Chocolate chip bar	25) Ham Roast beef Mashed potato/gravy Yams Wiped Jell-o	26) Meatballs Baked chicken Mashed potato/gravy Carrots Cake	27) Soup Egg salad/bun Cucumber & tomato Salad Fresh fruit
30) Ham Baked fish Baked potato Coleslaw Lemon Fluff		Meals are served with low fat milk, break and margarine	NSI provided this service through a contract with the DSAAA with funding from the Federal Older Americans Act through the Minnesota Board on Aging.	This meal is prepared in a facility that uses wheat, soy, dairy and nuts. Menu is subject to change. Meals are served with low fat milk, bread, and margarine.

Please call by 8:00 with changes or leave a message anytime.
Phone # 218-643-5730