

Breckenridge Monthly Meal Menu for March 2024

Monday	Tuesday	Wednesday	Thursday	Friday
NSI provided this service through a contract with the DSAAA with funding from the Federal Older Americans Act through the Minnesota Board on Aging.	This meal is prepared in a facility that uses wheat, soy, dairy and nuts. Menu is subject to change. Meals are served with low fat milk, bread, and margarine.			01) Taco Salad Muffin Fruit
04) Chx strips Salisbury steak Baked potato Creamed corn Pudding/topping	05) Tuna casserole Tater tot hot dish Mixed vegetables Dinner roll Fruit cup	06) Ham Fish Baked potato Parsley carrots	07) Liver N onions Meatloaf Au gratin potatoes Mixed vegetables Baked diced apples	08) Vegetable soup Egg salad sandwich Vanilla fruit salad Cookie
11) Meatball's Pork Chop Mashed potato/gravy Carrots Peanut butter bar	12) Chef salad Spaghetti/meat sauce Yellow Beans Garlic toast medallions Mandarin oranges	13) Riblet Roast beef Mashed potato/gravy Peas & carrots Starburst cake	14) Tater crush fish KFC Chicken Bowl Corn Pudding	15) Chef Salad Muffin Fruit Dessert
18) Creamed chicken Hamburger gravy Biscuit Peas N carrots Cookie	19) Liver & onions Swedish meatballs Mashed potato/gravy Harvard beets Cinnamon applesauce	20) Ham Roast Turkey Mashed potato/gravy Baked squash Jello/topping	21) Mac N cheese Beef stew Peas Biscuit Baked Apples	22) Soup Sandwich Salad Dessert
25) Chicken Patty/Bun Polish sausage Parsley potatoes Carrots Chocolate chip bar	26) Chicken Baked ham Scalloped Potato Green beans Lemon bar	27) Tuna Tetrzzini Hamburger macaroni Casserole Breadstick Pudding/topping	28) Meatballs Roast pork Mashed potato/gravy Beets Cookie	29) Crispy Chx salad Bread stick Pudding

Please call by 8:00 with changes or leave a message anytime.

Phone # 643-5730