

## Breckenridge Monthly Meal Menu for February 2026

| Monday  | Tuesday   | Wednesday   | Thursday   | Friday  |
|---|---|---|--|---|
| 02)<br>BBQ Ribette<br>Meatloaf<br>Baked potato<br>Wax beans<br>Pudding/topping                  | 03)<br>Pork Chop<br>Baked Chicken<br>Baked potato/gravy<br>Glazed carrots<br>Cookie               | 04)<br>Chef Salad<br>Hamburger Macaroni<br>Casserole<br>Corn<br>Peaches                             | 05)<br>Ham<br>Chicken strips<br>Au gratin potatoes<br>Broccoli<br>Poke cake                                      | 06)<br>Chicken/Dumpling<br>Soup<br>Muffin<br>Fruit Juice<br>Dessert   |
| 09)<br>Chicken melt<br>Fish patty/bun<br>Potato salad<br>Peas and carrots<br>Fruit cup          | 10)<br>Tater crust fish<br>Swedish meatballs<br>Baked potato<br>Mixed vegetables<br>Cake          | 11)<br>Polish Sausage<br>Burger/bun<br>Baked beans<br>Coleslaw<br>Jell-o/topping                    | 12)<br>Liver N onions<br>Pork roast<br>Parsley boiled potatoes<br>Sauerkraut<br>Pineapple                        | 13)<br>Chicken wild rice<br>Soup<br>Sandwich<br>Salad<br>Dessert  |
| 16)<br>Chef Salad<br>Spaghetti/meat sauce<br>Bread stick<br>Mixed vegetables<br>Pudding/topping | 17)<br>Creamy Chicken Breast<br>Pepper steak<br>Mashed potato/gravy<br>Green beans<br>Fruit crisp | 18)<br>Turkey<br>Roast beef<br>Mashed potato/gravy<br>Squash<br>Cookie                              | 19)<br>Tuna Casserole<br>Chicken alfredo<br>Egg noodles<br>Carrots<br>Mandarin oranges                           | 20)<br>Chili<br>Muffin<br>Fruit juice<br>Pudding/topping  |
| 23)<br>Chicken/dumplings<br>Lasagna<br>Yellow beans<br>Bread stick<br>Rice crispy bar           | 24)<br>Liver N Onions<br>Country fried steak<br>Mashed potato/gravy<br>Peas/carrots<br>Dessert    | 25)<br>Meatloaf<br>Baked chicken<br>Dressing/gravy<br>Peas and carrots<br>Mashed potatoes<br>Cookie | 26)<br>Mac & Cheese<br>Tater tot hotdish<br>Mixed vegetables<br>Dinner roll<br>Rosy applesauce                   | 27)<br>Potato Soup<br>Sandwich<br>Fruit cup<br>Cookie   |
|   |   | Meals are served with<br>low fat milk, bread, and<br>margarine                                      | This meal is prepared<br>in a facility that uses<br>wheat, soy, dairy and<br>nuts. Menu is subject<br>to change. | NSI provides this<br>service through a<br>contract with the<br>DSAAA with funding<br>from the Federal Older<br>Americans Act<br>through the Minnesota<br>Board on Aging |

Please call by 8:00 AM with any changes or leave a message on machine. Phone # 218-643-5730