

Breckenridge Monthly Meal Menu for February 2026

Monday	Tuesday	Wednesday	Thursday	Friday
02) BBQ Ribette Meatloaf Baked potato Wax beans Pudding/topping	03) Pork Chop Baked Chicken Baked potato/gravy Glazed carrots Cookie	04) Chef Salad Hamburger Macaroni Casserole Corn Peaches	05) Ham Chicken strips Au gratin potatoes Broccoli Poke cake	06) Chicken/Dumpling Soup Muffin Fruit Juice Dessert
09) Chicken melt Fish patty/bun Potato salad Peas and carrots Fruit cup	10) Tater crust fish Swedish meatballs Baked potato Mixed vegetables Cake	11) Polish Sausage Burger/bun Baked beans Coleslaw Jell-o/topping	12) Liver N onions Pork roast Parsley boiled potatoes Sauerkraut Pineapple	13) Chicken wild rice Soup Sandwich Salad Dessert
16) Chef Salad Spaghetti/meat sauce Bread stick Mixed vegetables Pudding/topping	17) Creamy Chicken Breast Pepper steak Mashed potato/gravy Green beans Fruit crisp	18) Turkey Roast beef Mashed potato/gravy Squash Cookie	19) Tuna Casserole Chicken alfredo Egg noodles Carrots Mandarin oranges	20) Chili Muffin Fruit juice Pudding/topping
23) Chicken/dumplings Lasagna Yellow beans Bread stick Rice crispy bar	24) Liver N Onions Country fried steak Mashed potato/gravy Peas/carrots Dessert	25) Meatloaf Baked chicken Dressing/gravy Peas and carrots Mashed potatoes Cookie	26) Mac & Cheese Tater tot hotdish Mixed vegetables Dinner roll Rosy applesauce	27) Potato Soup Sandwich Fruit cup Cookie
		Meals are served with low fat milk, bread, and margarine	This meal is prepared in a facility that uses wheat, soy, dairy and nuts. Menu is subject to change.	NSI provides this service through a contract with the DSAAA with funding from the Federal Older Americans Act through the Minnesota Board on Aging

Please call by 8:00 AM with any changes or leave a message on machine. Phone # 218-643-5730

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