

Breckenridge Senior Citizens Center January & February, 2024 - News Letter



Board of Directors of Breckenridge Senior Center

President: Harlan Arneson - Vice President: Darlene Arth,

Treasure: Harlan Arneson - Secretary: Ella Watson

Board Members: Neal Folstad, Arlene Cossette, and Faye Andree

Life Time Members: Beverly Arneson, Harlan Arneson, Myrna Burlinson, Audrey Boll, James Christensen, Cal Cole, Margaret Conzemius, Arlene Cossette, Bev Dozak, Marie Ellingson, Dona Hasbargen, Janette Hasse, Valeria Hegel, Carol Helgeson, Dennis Higgins, Janis Johnson, Kathleen Johnson, MarJo Keller, Gordy Kessler, John Marchand, Pat Mitzel, Merrill Miranowski, Stephanie Miranowski, Audrey Osmondson, Beryl Osmondson, Dorothy Rakow, Glenn Rakow, Paulette Raguse, Lois Ruediger, Elizabeth Spent, Lois Thykeson, Ella Watson, Al Wawers, Gary Wawers Cheryl Ziegelmann and Steve Ziegelmann.

2023 Members - Wallace Affield, Faye Andree, Darlene Arth, Carol Anderson, Sue Anderson, Harvey Andel, Dale Anderson, Erlinda Arnold, Barb Baumgartner, Shirley Berndt, David Beyer, Jan Beyer, Dennis Beyer, Gary Boutiette, Arlin Buchholz, Harriet Buchholz, Diane P. Bjerke, Doug Campbell, Mary Campbell, Kay Christenson, Beverly Christensen, Teeko Colby, Janet Czichatzki, Jeanne DeVine, Donna Doran, Elizabeth (Libby) Donohue, LaVonne Dupree, Charles Dupree, Mike Dupree, Rosie Dupree, Marge Ehlers, Alice Ellsworth, Donald Facey, Pamela Facey, Neil Folstad, Phyllis Folstad, Alice Gowin, CoCo Gronseth, Mark Gronseth, Von Da Lee Grandalen, Maxine Harms, Edna Hermes, Dennis Higgins, Jeannie Hills, Cecil Irion, Darlene Irion, Germaine Jelinek, Dee Johansen, Florene (Floss) Johnson, Paul Kaufman, Stephanie Kaufman, Donna Kerry, Ed Klein, Steve Klein, (Ed) Clared Knoell, Judy Korinek, Deborn Koppen, Mary Kosel, Esther M Kraus, Kevin Krutsinger, Kaye Leinen, Irv Leinen, Donald Lettors, Joretta Lingen, Deanna Loreth, Jerry Loreth, Donna Marohl, Albert Mikesh, Jan Michels, Berniece Miller, Cathy Nordick, Jerry Nordick, Jodie Olson, Bob Oscarson, Eileen Overby, Wilma Papka, Jeannette Pikarski, Pat Peteron, Julie Reeder, Charles Reiff, Muriel Revier, Mary Lou Roecker, Neil Ross, Celia Rossow, Patricia Rustand, Paul Sannes, Rosemary Samuelson, Krystal Schaible, Beverly Schillinger, Janella Schmidt, Leonard Shereck, Nancy Stackhouse, Bruce Storm, Maynard Thomson, Del Walters, Eugene Walters, Joanie Ward, Mark Ward, Paula Wallace, Alan Wallace, Mark Ward, Dawn Wells, Mariys Wefel, Sandy Wilson, Howard Woodbury, Sandra Willson, and Millie Ziegelmann

**Breckenridge Senior Center membership runs from
January 1 to December 31.**

Breckenridge Senior Center Mission Statement - Our mission is to provide seniors with programs which will enhance and encourage independence, socialization, choices, and a healthy lifestyle. Everyone will be free of discrimination and be treated with dignity and respect. (Page 1)

PINOCHLE WINNERS

NOV 28, Pinochle Winners

- 1st. Doug
- 2nd. Jan Beyer
- 3rd. Steve Klein
- 4th. Harvey Andel
- 5th. Kay Leinen

DEC 5, Pinochle Winners

- 1st. Richard Hills
- 2nd. Charlie Dupree
- 3rd. Steve Klein
- 4th. Irv Leinen
- 5th. Denny Beyer/Cecil Irion

DEC 12, Pinochle Winners

- 1st. Jan Beyer
- 2nd. Rich Hill
- 3rd. Jared Depree
- 4th. Rosie Depree
- 5th. Dennis Beyer
- 6th. Harvey Andel

DEC 19, Pinochle Winners

- 1st. Harvey Andel
- 2nd. Marlys Wefel
- 3rd. Irv Leinen
- 4th. Jerry Loreth
- 5th. Alice Ellsworth



WHIST WINNERS

NOV 30, Whist Winners

- 1st. Charlie Dupree
- 2nd. Alice Ellsworth
- 3rd. Lois Ruediger
Charlie Reiff

DEC 7, Whist Winners

- 1st. Dianne Vavra
- 2nd. Maynard Thomson
- 3rd. Ed Klein
- 4th. Muriel Revier

DEC 14, Whist Winners

- 1st. Alice Ellsworth
- 2nd. Charlie Dupree
- 3rd. Lois Ruediger
- 4th. Muriel Revier



If you are interested in playing cards, please call Ella Watson (218-671-0964) and give her your name and phone number.

January Birthday

- 01 Muriel Revier
- 04 Al Wawers
- 09 Shirley Berndt
- 12 Neil Folstad
- 13 Mike Dupree
- 13 Colby Teeke
- 16 Alice Ellsworth
- 17 Jeanne DeVine
- 18 Esther Bernard
- 22 Harvey Andel
- 23 Phyllis Folstad
- 25 Darlene Arth
- 25 Dale Anderson
- 25 Florene Johnson
- 28 George Resler
- 30 Paul Kaufman



Members that have a Birthday in Jan. are invited to a free noon meal on January 17 at 11:30 at the Breckenridge Senior Center.

No anniversaries listed for January.

February Birthdays

- 02 Myrna Burlison
- 05 Cindy Friedman
- 07 Dawn Wells
- 08 Esther Krause
- 10 Del Walter
- 14 Robert Marts
- 15 Doug Campbell
- 17 Berniece Miller
- 19 Jan Beyer
- 23 Erlinda Arnold
- 24 Jeannie Hill
- 25 Alan Wallace
- 26 Bruce Storm
- 27 Howard Woodbury
- 28 Virginia Ruediger



Members that have a Birthday in Feb. are invited to a free noon meal on Feb. 21 at 11:30.

February Anniversaries

- 14 Cheryl/Steve Ziegelmann

BIRTHDAY & ANNIVERSARY MEAL - Members of the Breckenridge Senior Center can enjoy a free noon meal at the center on the Third Wednesday of the month

of their birthday. This is not a take out meal. You should call the day before the planned meal and inform Cheryl that you would like to attend the meal and your choice of menu options.

MEMORIAL - If you would like to remind people of a special person in your life that has passed. You could give a memorial to the center in their name. I will list that you have made a donation to the center in their name.

DONATIONS - If you have extra money and you are looking for a not-for-profit organization please consider donation to the Breckenridge Senior Citizens Center. We are a not-for-profit 501c public Agencies. This would be a great way to help the center.

RENTING - The Senior Center

The Breckenridge Senior Center can be rented for special occasions: such as a bridal shower, rummage sale, family gathering, birthday party, anniversary party, graduation party, Christmas, etc. It can be rented on weekends, week nights, and may be rented week days if we can make it work.

Dinning Room: \$80. plus \$100. deposit.

Note: Deposit is used to cover any cleaning charges or damage caused by renter. Deposit will be returned if the center is cleaned and there is no damage.

WEATHER - It is that time of the year where we will have bad weather. We will use the Breckenridge School System as are policy. If Breckenridge cancels school because of weather, we will cancel activities for that day.

SENIOR CENTER Storm Policy - We will use the Breckenridge School System as our bad weather policy. If Breckenridge School System cancels school because of weather, we will cancel activities for that day.

- If the Senior Center is having a event on a Saturday or Sunday, I will call KBMW and put the cancellation on the Radio.
- You can call me if needed 701-899-2502.

FOOT CLINIC Storm Policy- Will also follow the above policy this year. If the Breckenridge School is closed because of bad weather the Foot Clinic at the Breckenridge Senior Center will not be held that day. Julie is at the Center the second Wednesday and the Tuesday before the second Wednesday.

Membership - It is that time of the year again, time to pay your Breckenridge Senior Center membership dues. Yearly membership is \$10.00 or you could get a lifetime membership for \$100. Members receive a newsletter, voting rights, and a free meal on their birthday month. Being a Senior Center member is a great way to meet new people, and socialize. Being involved helps keep minds and bodies active and healthy! Word of mouth is the best advertising, so tell your friends and neighbors about the Center.

EVENTS REPORTS

SPLIT POT BINGO/POT LUCK

January, February and March we will only have daily activities at the Center. We have had several days of activities canceled because of bad weather. We have had several days that the Breckenridge School canceled classes because of bad weather, the Senior Center activities for that day. We do this because I feel that most of us would prefer to be home when it is cold weather. We will start to do more evening things as the weather starts getting a little better.

DAILY ACTIVITIES

Pinochle each Tuesday 1:00 PM

Bingo each Wednesday 1:00 PM

Whist each Thursday at 1:00 PM

UPCOMING EVENTS (January and February)

JANUARY

Tuesday	09	8:00 AM	Foot Clinic
Wednesday	10	8:00 AM	Foot Clinic
Wednesday	10	9:00 AM	Board Meeting
Wednesday	17	11:30 AM	Birthday Meal

FEBRUARY

Tuesday	13	8:00 AM	Foot Clinic
Wednesday	14	8:00 AM	Foot Clinic
Wednesday	14	9:00 AM	Board Meeting
Wednesday	21	11:30 AM	Birthday Meal

EVENTS REPORTS

DECEMBER 12th

POT LUCK SUPPER - Thirty six people were in attendance at the monthly potluck supper with Lauren & 3 C'S providing Christmas music. Everyone in attendance enjoyed the good food, music, fellowship and playing split pot bingo.

SPLIT POT BINGO - Seventeen people stayed to play nineteen games of split pot bingo and one blackout.

RAFFLE TICKETS - The 2023 raffle came to an end on December 12th at the pot luck supper. We drew the following names from the 2,536 raffle tickets that were sold.

- \$400. Mary Lou Roecker
- Ticket sold by herself
- \$100 Rod Myhre
- Ticket sold by Neil Folstad
- \$100. Dennis Trydahl
- Ticket sold by Neil Folstad
- \$50. Chris Roberts
- Ticket sold by Jerry Loreth

Chris donated his winnings back to the Center.

A special thanks to Jerry Loreth our top salesman who sold 75 books of tickets for \$1,500. I want to thank everyone that sold tickets, and those that bought tickets.

This was a great fund raiser that involved many people.

2023 Raffle September 1 - December 12, 2023

	Expenses
Permit	\$ 25.00
Printing Tickets	\$ 275.00

Prizes

1 st	\$ 400. Cash	2 nd	\$ 100.
3 rd	\$ 100. Cash	4 th	\$ 50.

Total Expenses \$ 925.00

Income:

Month	Income	Books	Tickets
Aug	\$390.00	19	228
Sept	1,940.00	97	1,164
Oct	1,048.00	52	628
Nov.	635.00	32	384
Dec	225.00	11	132
Total	\$4,238.00	211	2,536

Income	\$ 4,238.00
Expenses	<u>- 925.00</u>

Profit \$ 3,313.00

CHANGES -

SENIOR CENTER RENT:

I asked the Board to approve a proposal to increase the amount we charge to rent out the Breckenridge Senior Citizens Center. We have been charging \$60. per day for the rent of the Dinning Room and Craft Room for more than ten years. I checked with other places in the twin town's and found that we needed to increase what we charge.

The Board has approved my request to increase the rent charges for the Senior Citizens Center. Rent charged for the Dinning Room and Craft Room starting January 1, 2024 will be \$80.00 per day and increased January 1, 2025 to \$100.

MEMBERSHIP :

2024 - Membership dues for (2024) will remain at \$10.00 for yearly membership and \$100. for lifetime.

2025 - Membership dues for (2025) will increase to \$20. for yearly membership and \$150. for lifetime.

*I hope you had an
Old Fashioned Merry Christmas
and Happiness throughout
the New Year*

Harlan

A little Humor

Clean Jokes for Senior Citizens: Three Sisters

Three sisters ages 92, 94 and 96 live in a house together. One night the 96 year old draws a bath. She puts her foot in and pauses. She yells to the other sisters, "Was I getting in or out of the bath?"

The 94 year old yells back, "I don't know. I'll come up and see." She starts up the stairs and pauses "Was I going up the stairs or down?"

The 92 year old is sitting at the kitchen table having tea listening to her sisters. She shakes her head and says, "I sure hope I never get that forgetful, knock on wood," and she knocked on the table. She then yells, "I'll come up and help both of you as soon as I see who's at the door."
- Joel Osteen

**Breckenridge Senior Citizens Center
January 2024 - Activities**

Monday	Tuesday	Wednesday	Thursday	Friday
01) Social Time	02) 1:00 Pinochle	03) 1:00 Bingo	04) 1:00 Whist	05) Social Time
08) Social Time	09) 1:00 Pinochle 8:00 Foot Clinic	07) 1:00 Bingo 8:00 Foot Clinic 9:00 Board Meeting	08) 1:00 Whist	09) Social Time
15) Social Time	16) 1:00 Pinochle	14) 1:00 Bingo 12:00 Birthday/Ann.	15) 1:00 Whist	16) Social Time
22) Social Time	22) 1:00 Pinochle	21) 1:00 Bingo	22) 1:00 Whist	23) Social Time
29) Social Time	30) 1:00 Pinochle			

Breckenridge Monthly Meal Menu for January 2024

Monday	Tuesday	Wednesday	Thursday	Friday
01) Happy New Year Closed	02) Riblet Polish Sausage Potato Casserole Sauerkraut Brownie	03) Chef Salad Lasagna Garlic bread stick Cinnamon apples	04) Liver & onions Pork roast Mashed potato/gravy Mixed vegetables Bread pudding	05) Soup Salad Sandwich Dessert
08) Hamburger gravy Turkey gravy over mashed potatoes Peas N carrots Rice krispy bar	09) Baked ham Au gratin potatoes Steamed broccoli Spice cake	10) Chili Muffin Fruit juice Pudding/topping	11) Oven fried chicken Mashed potato/gravy Mixed vegetables Blushing pears	12) Tater tot hot dish Peas and carrots Dinner roll Fruited jell-0
15) Chicken/bun Baked beans Potato Salad Pudding/topping	16) Meatloaf Mashed potato/gravy Baked squash Whipped jell-o	17) Potato soup Meat sandwich Fruit Cup Cookie	18) Pork Chop Boiled potato/gravy Carrots Fruit Crisp	19) Chef Salad Muffin Cookie
22) Riblet Country fried steak Mashed potato/gravy Beets Cookie	23) Liver & onions Creamy Chicken breast Baked sweet potato Green beans Lemon Fluff	24) Chicken Strips Roast beef Mashed potato/gravy Carrots Fruit cup	25) Polish Sausage Salisbury steak Baked potato Baked Beans Chocolate pudding	26) Soup Sandwich Salad Dessert
29) Tater Crust Fish Swiss Steak Mashed potato/gravy Stewed Tomatoes	30) Meat balls Ham Scalloped potatoes Steamed broccoli Pudding/topping	31) Chef Salad Spaghetti with Meat Sauce Wax beans Bread sticks Mandarin oranges	NSI provides this service through a contract with the DSAAA with funding from the Federal Older Americans Act through the Minnesota Board on Aging	This meal is prepared in a facility that uses wheat, soy, dairy and nuts. Menu is subject to change.

Meals are served with low fat milk, bread, and margarine

No double choice Jan 9-18th Cheryl is on Vacation. Neal from Battle Lake will be cooking. Please call by 8:00 AM with any changes or leave a message on machine. Phone # 218-643-5730

**Breckenridge Senior Citizens Center
February 2024 - Activities**

Monday	Tuesday	Wednesday	Thursday	Friday
			01) 1:00 Whist	02) Social Time
05) Social Time	06) 1:00 Pinochle	07) 1:00 Bingo	08) 1:00 Whist	09) Social Time
12) Social Time	13) 1:00 Pinochle 8:00 Foot Clinic	14) 1:00 Bingo 8:00 Foot Clinic 9:00 Board Meeting	15) 1:00 Whist	16) Social Time
19) Social Time	20) 1:00 Pinochle	21) 12:00 Birthday/Ann. 1:00 Bingo	22) 1:00 Whist	23) Social Time
26) Social Time	27) 1:00 Pinochle			

Breckenridge Monthly Meal Menu for February 2024

Monday	Tuesday	Wednesday	Thursday	Friday
NSI provides this service through a contract with the DSAAA with funding from the Federal Older Americans Act through the Minnesota Board on Aging	Meals are served with low fat milk, bread, and margarine		01) Meatballs Tater Crust Fish Baked potato Creamed peas Lemon bar	02) Taco salad Muffin Fruit salad Dessert
05) Country Fried Steak Country pork chop Baked potato Wax beans Pudding/topping	06) Ham Baked chicken Mashed potato/gravy Glazed carrots Cookie	07) Chef Salad Hamburger Macaroni Casserole Corn Peaches	08) Liver N Onions Chicken strips Au gratin potatoes Broccoli Chocolate chip bar	09) Soup Sandwich Salad Dessert
12) Chicken patty/bun Fish patty/bun Potato Casserole Peas and carrots Fruit Cup	13) Ham Meat loaf Baked potato Mixed vegetables Poke cake	14) Ribette Baked Pork Chop Parsley boiled potato Sauerkraut Valentine cookie	15) Hot Dog/Bun Burger/bun Baked beans Potato Salad Brownie	16) Chef Salad Muffin Cookie
19) Creamy Chicken Breast Polish sausage Scalloped potatoes Creamed corn Pudding/topping	20) Liver N Onions Pepper steak Mashed potato/gravy Harvard beets Fruit crisp	21) Meatballs Turkey Mashed potato gravy Parsley carrots Fruit cup	22) Beef stroganoff Chicken Alfredo Egg noodles Mandarin Oranges Green beans	23) Soup Sandwich Salad Dessert
26) Chicken Strips Country fried steak Mashed potato/gravy Peas & carrots Rosy applesauce	27) Tuna tetrazzini Lasagna Green beans Breadstick White frosted cake	28) Turkey Pork chop Dressing/gravy Mashed potato/gravy Squash Rice krispy bar	29) Mac & Cheese Tater tot hotdish Mixed vegetables Dinner roll Fruit cup	This meal is prepared in a facility that uses wheat, soy, dairy and nuts. Menu is subject to change.

Please call by 8:00 AM with any changes or leave a message on machine. Phone # 218-643-5730