

Breckenridge Senior Citizens Center

December 2025 - News Letter



Board of Directors

President: Harlan Arneson,

Vice President: Darlene Arth,

Treasure: Harlan Arneson

Secretary: Ella Watson

Board Members:

Faye Andree, Janette Hasse and Arlene Cossette

Life Time Members: Beverly Arneson, Harlan Arneson, Shirley Berndt, Audrey Boll, Myrna Burlinson, Cal Cole, Margaret Conzemius, Arlene Cossette, Jeanne Devine, Charles Dupree, LaVonne Dupree, Mike Dupree, Bev Dozak, Alice Gowin, Dona Hasbargen, Janette Hasse, Valeria Hegel, Carol Helgeson, Dennis Higgins, Kathleen Johnson, MarJo Keller, Gordy Kessler, Judy Korinek, Kevin Krutsinger, Albert Mikesh, Merrill Miranowski, Stephanie Miranowski, Pat Mitzel, Audrey Osmondson, Beryl Osmondson, Paulette Raguse, Dorothy Rakow, Lois Ruediger, Elizbeth Spenst, Ella Watson, Sandra Wilson, Gary Wawers, Cheryl

Ziegelmann and Steve Ziegelmann.

2025 Paid Yearly Members - Faye Andree, Wallace Affield, Harvey Andel, Darlene Arth, Carol Anderson, Dale Anderson, Barbara Baumgartner, Beth Beyer, Dennis Beyer, David Beyer, Jan Beyer, Diane P. Bjerke, Gary Boutiette, Beverly Christensen, Kay Christenson, Janet Czichotzki, Donna Doran, Jared Dupree, Marjorie Ehlers, Alice Ellsworth, Donald Facey, Pamela Facey, Neal Folstad, Phyllis Folstad, Von Da Lee Grandalen, Velora Hensley, Tom Hiedeman, Cynthia Hofmann, Cecil Irion, Darlene Irion, Germaine Jelinek, Dee Johanson, Florene Johnson, Paul Kaufman, Stephanie Kaufman, Steve Klein, Butch Klinnert, Diane Klinnert, Tom Kloster, Patty Kloster, Mary Kosel, Irv Leinen, Kaye Leinen, Joretta Lingen, Denanna Loreth, Jerry Loreth, Cathy Nordick, Gerald Nordick, Jan Michels, Berniece Miller, Christine Orsburne, Raymond Orsburne, Bob Oscarson, Jeri Oscarson, Pat Peterson, Julie Rueder, Gloria Reisdorfer, Muriel Revier, Glen Roberge, Raymond Robinson, Celia Rossow, Paul Sannes, Krystal Schaible, Beverly Schillinger, Janella Schmidt, Nancy Stackhouse, Maynard Thomson, Dianne Vavra, Alan Wallace, Paula Wallace, Marlys Wefel, Mark Ward, Joanie Ward, and Millie Ziegelmann.

I make mistakes, if you have paid membership and I have not listed your name on this sheet, please give me a call.

If you have not paid your membership please pay soon.

Breckenridge Senior Center Mission Statement -

Our mission is to provide seniors with programs which will enhance and encourage independence, socialization, choices, and a healthy lifestyle. Everyone will be free of discrimination and be treated with dignity and respect.

PINOCHLE WINNERS



Oct 28, Pinochle Winners

- 1st. Becki Beach
- 2nd. Jerry Loreth
- 3rd. Rich Hills
- 4th. Denny Beyer
- 5th. Kaye Christensen

Nov 4, Pinochle Winners

- 1st. Neal Folstad
- 2nd. Kaye Leinen
- 3rd. Joretta Lingen
- 4rd. Becki Beach
- 5th. Phyllis Folstad
- 6th. Kaye Christensen

Nov 11, Pinochle Winners

- 1st. Beth Beyer
- 2nd. Bob Oscarson
- 3rd. Sonja Christensen
- 4th. Joretta Lingen
- 5th. Muriel Revier

Nov 18, Pinochle Winners

- 1st. Jeri Oscarson
- 2nd. Muriel Revier
- 3rd. Steve L
- 4th. Harvey Andel
- 5th. Ella Watson

WHIST WINNERS

Oct 23, Whist Winners

- 1st. Alice Ellsworth
- 2nd. Jared Dupree
- 3rd. Muriel Revier

Oct 30, Whist Winners

- 1st. Jan Beyer
- 2rd. Muriel Revier
- 3rd. Bob Oscarson

Nov 6 Whist Winners

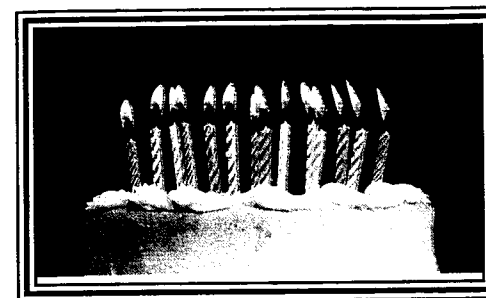
- 1st. Marlys Wefel
- 2nd. Connie Kenneberg
- 3rd. Charlie Dupree

Nov 13, Whist Winners

- 1st. Marlys Wefel
- 2nd. Maynard Thomson
- 3rd.

Nov 20, Whist Winners

- 1st.
- 2nd.
- 3rd.



December Birthdays

- 05 Paul Sannes
- 06 Lois Ruedigor
- 07 Jeri Oscarsen
- 12 Arlene Cossette
- 13 Jerry Loreth
- 15 Tom Hiedeman
- 19 Margaret Conzemius
- 20 Jared Dupree
- 23 Charles Reiff
- 24 Carol Helgeson
- 26 Cathy Nordick
- 26 VonDaLee Grandalen

December Anniversaries

- 26 VonDaLee & Mr. Grandalen

BIRTHDAY MEAL - If your Birthday was is in November come and enjoy a free meal on Sanford Health on November 19. We would like to also recognize our members that were married in November.

GENERAL INFORMATION

Renting the Senior Citizens Center

The Senior Center can be rented for special occasions: such as a bridal shower, rummage sale, family gathering, birthday party, anniversary party, graduation party, Christmas, etc. The center can be rented on weekends, week nights, and may be rented during the week if we can make it work.

Dinning Room - \$100. plus \$100. deposit.

Note: Deposit is used to cover any cleaning charges or damage caused by renters. Deposit money will be returned if the center is cleaned and there is no damage

Donations - If you have extra money and you are looking for a not-for-profit organization to donate to, please consider donation to the Breckenridge Senior Citizens Center. This would be a great way to help the center.

Memorial - If you would like to remind people of a special person in your life that has passed. You could give a memorial to the center in their name. I will print that you have donated a memorial to the Breckenridge Senior Center in their name.

Raffle Tickets - The Raffle is coming to an end. I need all Raffle tickets sold or unsold turned in before Friday, December 5th.

GENERAL INFORMATION

Weather - It is that time of the year where we will have bad weather. If there is bad weather and you are wondering if the center is open for daily activity's check the TV or Radio. If Breckenridge School System chooses because of weather, we will cancel activities for that day. This includes the foot clinic.

- If the Senior Center is having an event on a Saturday or Sunday and we have a storm. I will call KBMW and put the cancellation on the Radio.

- You can call me if needed 701-899-2502.

Foot Clinic - If you are interested in attending the foot clinic and would like to get a appointment please call: **Chris (320-224-5521) or Julie (216-731-4190).**

Handy Cap Parking - Please don't park in the Handicap parking. That spot is for people that have a Handicap parking pass and have problems walking.

News Letter - I will again have January news letter ready to be picked up the last week of December. When you pick up your news letter that save's us a stamp. January news letter will be a January/February news letter.

DECEMBER ACTIVITIES

Dec 9 - Pot Luck Supper - We will have a pot luck supper on December 9th. Please make a dish, purchase something or just come. We would like to have a large attendance, so help us by informing people, inviting people or maybe bring them with you. We will start to eat a little after 5 p.m.

Dec 9 - Christmas Music - I have asked both music department of the Breckenridge and Wahpeton Public School if they would bring some students over to preform some Christmas Music. I have no answer at this time.

Dec 9 - Raffle Drawing - The raffle drawing between 6:30 and 7:00 p.m.

Dec 9/10 Foot Clinic - Julie and Chris are at the Breckenridge Senior Center every second Wednesday and the day before each month. If you are interested in attending the foot clinic and would like to get a appointment please call:

Chris (320-224-5521) or Julie (216-731-4190).

Dec 10, 9:00 a.m. Board Meeting - Board meeting is scheduled for the second Wednesday of each Month.

Dec 17, 11:15 a.m. Birthday/Anniversary - We will have Anniversary-Birthday recognition on the third Wednesday of each month. Paid Members that have their birthday that month will be given a free noon meal at the

center. You must call the day before the planned meal and inform Cheryl what you would like to eat.

Dec 24, No Bingo

Dec 25, Christmas Day center closed

JANUARY 2026 ACTIVITIES

January 12, Role in Heart Health - Your Primary Care Provider (PCP) plays a vital role in maintaining your heart health, even if you don't have a diagnosed heart condition. Join us on Monday, January 12, 2026, to learn about how they can help you identify and manage risk factors like high blood pressure, high cholesterol, and disbetes, which can contribute to heart disease. PCPs also play a crucial role in early detection and prevention of heart problems through screenings, lifestyle guidance, and referrals to specialists when needed. This class will be presented by Sanford Health Wahpeton.

January, February, March 2026 Schedule

- These months we will again have no scheduled Senior Citizens events atWe will go into winter schedule, were we have no Senior Center activities in the evening.
- I will be putting out January and February News letter at the end of December.
- The Center will follow the Breckenridge School storm policy. If they call of school the Breckenridge Center will be closed.

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January, February, March 2026 Schedule

- These months the Breckenridge Senior Citizens Center will have no evening activities.
- There will be one Newsletter for January and February. (I try to have news letters here to be picked up the last week of the month.)
- The Center will follow the Breckenridge School storm policy. If Breckenridge Public School call of school in the morning, Breckenridge Senior Center will be closed.

REPORTS:

Turkey Bingo Nov 15 -- We held our yearly Turkey Bingo on Saturday, Nov 15 starting at 6:30 p.m. with about 90-95 people in attendance.

The following were the winners of a 18-24 lb Turkeys:

- Shirley Berndt, Breckenridge
- Alexiss Montray, Wahpeton
- Andrew J, Lisbon
- Eloise Olsen, Wahpeton
- Dawn Wells, Wahpeton
- Gordy Kesser, Wolverton
- Faye Andree, Breckenridge
- Sherri Kurtz, Wahpeton
- Lois Ruediger, Breckenridge
- Jim Riemann, Fairmount
- Greg G, Breckenridge
- Diana Halmrasht, Milnor
- Lois Ruediger, Breckenridge
- Trinity Toledo, Wahpeton
- Taylor Grefsrud, Wyndmere
- Carol Follingstad, Rothsay
- Lois Ruediger, Breckenridge
- Kari Cvancara, Breckenridge
- Lisa Kurtz, Morris
- Jerry Schmidt, Rothsey
- Kendall Wagner, Ada
- Aaliyah Montroy, Wahpeton

Black Out Winner (Two 18-14 Pound Turkeys)

- Lois Ruediger, Breckenridge
- Congratulation to the winners of 24 Turkeys.

Thank you to everyone that came and played bingo, those that brought treats, the people that helped collect money and the people that helped put tables and chairs away.

It is a great to see the support from the community.

Information related to the fund raiser:

- I purchased 23 turkeys from Walmart.
- The turkeys were 18-24 pounds each, total pounds 438.
- We had about 95 people here when we started at 6:30 p.m.
- We had two turkeys donated, so we played two extra games.
- We played 24 games of Bingo.
- There was about 60 people in attendance at the end.

Income	\$1,882.75
Expenses	<u>\$ 569.52</u>

Profit **\$1,313.23**

Nov 19 - Birthday/Anniversary

Members of the Breckenridge Senior Center born in November were invited to attend the noon meal on Nov 19. The following birthday members were in attendance for their free birthday meal. Faye Andree, MarJo Keller.

Local Sanford Health representative in attendance this month was Carrie Uriell-Unruh, LBSW Social Worker.

Tracy Ellenbaum (NSI) was in attendance to thank Cheryl Ziegelmann for Twenty Five years of service. Cheryl has been the head cook for Meals on Wheels here at Breckenridge for 25 years. NSI rents the BSC Kitchen for Meals on Wheels. There was twenty five people in attendance for the Birthday meal and to honor Cheryl for her years of service to NSI. NSI rents the kitchen from the Breckenridge Senior Center.



**Wish you
an Old Fashioned
Merry Christmas
and a Happiness through
out the New Year**

Harlan

Breckenridge Monthly Meal Menu for December 2025

Monday	Tuesday	Wednesday	Thursday	Friday
01) Turkey Salisbury steak Mashed potatoes/gravy Green beans Fruit cup	02) Baked fish Baked ham Scalloped potatoes Squash Cookie	03) Country fried steak Swedish meatballs Mashed potatoes/gravy Mixed vegetables Cinnamon apples	04) Pork chop Chicken strips Mashed potato/gravy Creamed corn Pudding/topping	05) Pancakes Hashbrowns Sausage Fruit juice Sugar cookie
08) Hamburger/bun BBQ riblet Au gratin potatoes Steamed broccoli Lemon fluff	09) Beer stew biscuit Lasagna Green beans Breadstick Mandarin oranges	10) Ham Roast beef Mashed potato/gravy Creamed cabbage Bar	11) Liver & onions Baked chicken Mashed potato/gravy Baked squash Dessert	12) Chili Muffin Applesauce gelatin Brownie
15) Pepper steak Polish sausage HNY whole potatoes Parsley carrots Bar	16) Hamburger Gravy Creamy chicken breast Baked potato California blend Jell-o/topping	17) Chef salad Spaghetti/meat sauce Bread stick Yellow beans Rosy applesauce	18) Ham Tater crust fish Au gratin potatoes Corn Pudding/topping	19) Kneopla soup Egg salad sandwich Fruit cup Cake
22) Chicken strips Country fried steak Mashed potato/gravy Mixed vegetables Dessert	23) Liver & onions Turkey/dressing Mashed potato/gravy Baked squash Dinner roll Pumpkin Dessert	24) Chicken & Dumplings Tater tot hotdish Peas & Carrots Cookie	25) Merry Christmas Closed	26) Pasta Salad Delivered on 24 th
29) BBQ Fish patty/bun Potato salad Baked beans Pudding/topping	30) Chicken Meat loaf Mashed potato/gravy Creamed peas Jello/topping	31) Spanish rice Chicken noodle hot dish Corn Breadstick Mandarin oranges	NSI provides this service through a contract with the DSAAA with funding from the Federal older Americans Act through the Minnesota Board on Aging.	This meal is prepared in a facility that uses wheat, soy, dairy and nuts. Meals are served with low fat milk, bread and margarine. Menu is subject to change.

Please call 218-643-5730 by 8:00 with changes or leave a message.

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