

DECEMBER ACTIVITIES

Dec 9 - Pot Luck Supper - We will have a pot luck supper on December 9th. Please make a dish, purchase something or just come. We would like to have a large attendance, so help us by informing people, inviting people or maybe bring them with you. We will start to eat a little after 5 p.m.

Dec 9 - Christmas Music - I have asked both music department of the Breckenridge and Wahpeton Public School if they would bring some students over to preform some Christmas Music. I have no answer at this time.

Dec 9 - Raffle Drawing - The drawing for the raffle prices will be held between 6:30 and 7:00 p.m.

Dec 9/10 Foot Clinic - Julie and Chris are at the Breckenridge Senior Center every second Wednesday and the day before each month. If you are interested in attending the foot clinic and would like to get a appointment please call:

Chris (320-224-5521) or Julie (216-731-4190).

Dec 10, 9:00 a.m. Board Meeting - Board meeting is scheduled for the second Wednesday of each Month.

Dec 17, 11:15 a.m. Birthday/Anniversary - We will have Anniversary-Birthday recognition on the third Wednesday of each month. Paid Members that have their birthday that month will be given a free noon meal at the

center. You must call the day before the planned meal and inform Cheryl what you would like to eat.

Dec 24, No Bingo

Dec 25, Christmas Day center closed

JANUARY 2026 ACTIVITIES

January 12, Role in Heart Health - Your Primary Care Provider (PCP) plays a vital role in maintaining your heart health, even if you don't have a diagnosed heart condition. Join us on Monday, January 12, 2026, to learn about how they can help you identify and manage risk factors like high blood pressure, high cholesterol, and disbetes, which can contribute to heart disease. PCPs also play a crucial role in early detection and prevention of heart problems through screenings, lifestyle guidance, and referrals to specialists when needed. This class will be presented by Sanford Health Wahpeton.

January, February, March 2026 Schedule

- These months the Breckenridge Senior Citizens Center will have no evening activities.
- There will be one Newsletter for January and February. (I try to have news letters here to be picked up the last week of the month.)
- The Center will follow the Breckenridge School storm policy. If Breckenridge Public School call of school in the morning, Breckenridge Senior Center will be closed.