

Meals on Wheels (Breckenridge) - March 2026

Monday	Tuesday	Wednesday	Thursday	Friday
02) Chicken Strips Swiss Steak Mashed potato/gravy Creamed corn Fruit Cup	03) Taco Salad Chicken & Dumplings Muffins Carrots Pudding/topping	04) Baked Chicken Tater Crust Fish Baked potato Squash Dessert	05) Ham Meatloaf Au gratin potatoes Mixed vegetables Baked diced apples	06) Vegetable soup Egg salad sandwich Vanilla fruit salad Cookie
09) Meatballs Pork chop Mashed potato/gravy Carrots Peanut butter bar	10) Chef Salad Spaghetti/meat sauce Yellow beans Bread Stick Mandarin oranges	11) Ham Roast beef Mashed potato/gravy Peas & Carrots Starbust Cake	12) Liver N Onions Chicken strips Potato Casserole Colesaw Pudding	13) Chicken rice soup Sandwich Fruit juice Peaches
16) Hamburger gravy Creamed chicken over a biscuit Peas & carrots Fruit cup	17) Creamy chicken breast Swedish meatballs Mashed potato/gravy Harvard beets Lemon bar	18) Ham Roast turkey Mashed potato/gravy Baked squash Jello/topping	19) Chicken Alfredo Beef stew Biscuit Fruit cup Apple sauce	20) Chili Muffin Fruit juice Pudding
23) Country fried steak Pepper steak Boiled potatoes/gravy Creamed corn Pudding/topping	24) Liver N Onions Baked ham Baked sweet potato Green beans Pumpkin bar	25) Chicken Lettuce Salad Hamburger macaroni casserole Mixed vegetables Warm baked apples	26) Baked chicken Roast pork Mashed potato/gravy Beets Cake	27) Chicken rice soup Sandwich Fruit juice Peaches
30) BBQ Ribette Polish sausage Parsley potatoes Sauerkraut Cookie	31) Meat Loaf Chicken Strips Mashed potato/gravy Squash Cinnamon applesauce	This meal is prepared in a facility that uses wheat, soy, dairy and nuts. Menu is subject to change.	Meals are served with low fat milk, bread, and margarine.	NSI provided this service through a contract with the DSAAA with funding from the Federal Older Americans Act through the Minnesota Board on Aging.