Breckenridge Active Living Committee meeting was held on Wednesday, April 10, 2024, at 9:00 a.m. in the Council Chambers.

Members Present: Shawn Roberts, Lori Gefre, Curt Londroche, Chris Loehr, Becky Tripp, Evie Fox, Jordan Evenson, Mandy Steinberger, & Patrick Hollister (Telecom)

Guest Present: Jake Krohn

### 1. Call to Order

Shawn called the meeting to order at 9:00 AM.

<u>2. Approval of Minutes</u>: Chris offered a motion to approve the minutes from the March 13, 2024, meeting. The motion was seconded by Evie and carried unanimously.

### 3. PartnerSHIP 4 Health Trail Study

The next meeting is scheduled for April 23<sup>rd</sup>. No new updates.

#### 4. Cycling Without Age- Jake Krohn

- -Guest, Jake Krohn, member of Cycling Without Age and resident of Fergus Falls, presented to the committee. Cycling Without Age started in Denmark in 2012 and is now world-wide. It is an international organization that uses 3-wheeled bicycles (electric) to connect with senior citizens to combat isolation and loneliness and promote intergenerational connections and storytelling. This is a great opportunity for the older generation to get out for sunshine, fresh air, and socialization.
- -Currently, Fergus Falls has two of these bicycles and has volunteers that sign up to take residents out on rides. The volunteers can pick their timeframe (dates and times) and facilities or residents fill in for the ride times. The times can vary depending on the volunteer or the passenger (they do an hour, one day per week).
- -Jake is looking to write a grant to include bicycles in several communities in the surrounding area (example: Breckenridge, Battle Lake, and Ashby). He would need help with some logistics for the Active Living Committee and some letters of support. Possible ideas for letter of support would be from Senior Citizens Center, Pioneer Cottage, Twin Town Villa, Appletree Court, CHI St. Francis and PartnerSHIP 4 Health.
- -Cost for the bicycles are around \$11,000-\$14,000, but with shipping could be around \$15,000. Replacement batteries are currently an average of \$700-\$1000 but are being shipped from overseas. They are looking to companies in the USA to get the cost down. An extra battery will be included with the grant. -Commitment from the committee would need to be yearly maintenance on the bicycle, replacement batteries when needed, storage for bicycle, point of contact for rides and to direct to online schedule, marketing and get volunteers to give rides.
- -Grant opens in early June and is due at the end of July.
- -Committee will need to discuss and vote at the May meeting if the ALC would like to be included in this grant opportunity.

## 5. Power of 100 Event- North Dakota Community Foundation

Scott Nicholson, the new North Dakota Community Foundation Development Director, contacted Lori G. and asked if the ALC would be interested in being one of the three organizations for fundraiser "Power of 100" event. The Power of 100 event happens twice a year and the May (spring) event has the three organizations already in place. The committee discussed being apart of the October/November (fall) event. The committee would like to participate and will discuss ideas at the May meeting. Lori G. will contact Scott and let him know that ALC will be one of the organizations for the fall 2024 event.

## 6. Other Business

## a. Member application

Lori G. will continue to post on social media to get new members. Curtis offered to hang flyers up. Lori G. will print them out.

## b. Subcommittee

No updates currently.

## c. Funding

i. Fundraising

No updates currently.

## ii. Grant applications

No updates currently.

# 5. New project- discussion

## a. Jefferson Park-sidewalk

No updates currently.

## b. Levee path

No updates currently.

## c. Ideas from youth

No updates currently.

## d. Bicycle Friendly Communities

No updates currently.

# e. Ball storage for parks

No time for discussion. Bring to the May meeting.

# **Other**

- -Curtis will be holding the Flea Market again this year in Welles Memorial Park May through September with the fee proceeds going towards the Headwaters Day Queen Pageant
- -OSPTI 5K is May 15th, registration at 5pm, race starts at 6pm
- -Headwaters Day Committee meeting is April 18th at 9am at City Hall
- -Breckenridge City Wide Rummage Sale is May 17th from 8am-6pm and May 18 from 8am-3pm
- -Breckenridge Clean Up Week is May 6<sup>th</sup>-9<sup>th</sup> from 8am-4pm

Motion by Jordan to adjourn the meeting at 9:57 am. Seconded by Evie and carried unanimously.

The next Active Living Committee Meeting will be Wednesday, May 8, 2024, at 9:00 AM.