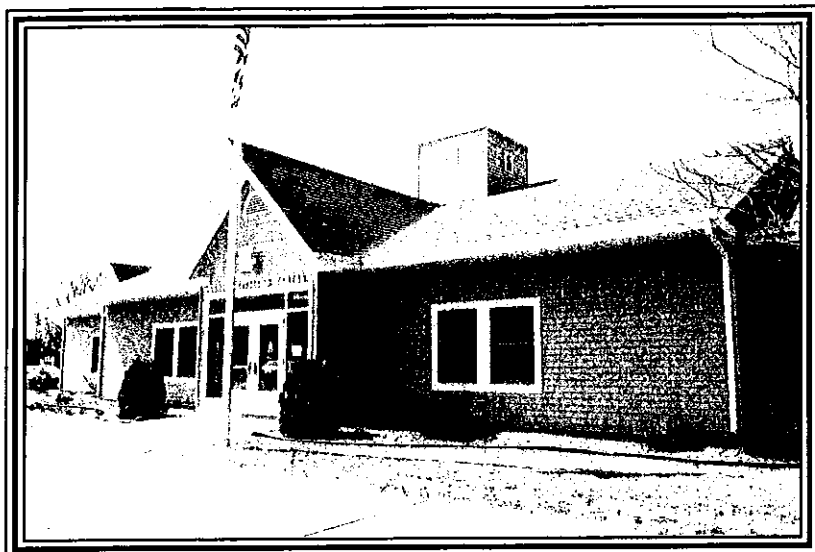


Breckenridge Senior Citizens Center

April 2024 - News Letter



Board of Directors

President: Harlan Arneson,

Vice President: Darlene Arth,

Treasure: Harlan Arneson

Secretary: Ella Watson

Board Members:

Neal Folstad, Arlene Cossette and Faye Andree

Life Time Members: Beverly Arneson, Harlan Arneson, Shirley Berndt, Audrey Boll, Myrna Burlinson, James Christensen, Cal Cole, Margaret Conzemius, Arlene Cossette, Charles Dupree, Mike Dupree, LaVonne Dupree, Bev Dozak, Marie Ellingson, Alice Gowin, Dona Hasbargen, Janette Hasse, Valeria Hegel, Carol Helgeson, Dennis Higgins, Janis Johnson, Kathleen

Johnson, MarJo Keller, Gordy Kessler, John Marchand, Albert Mikesh, Merrill Miranowski, Stephanie Miranowski, Pat Mitzel, Audrey Osmondson, Beryl Osmondson, Paulette Raguse, Dorothy Rakow, Lois Ruediger, Elizabeth Spenst, Lois Thykeson, Ella Watson, Gary Wawers, Cheryl Ziegelmann and Steve Ziegelmann.

2024 Yearly Members - Wallace Affield, Darlene Arth, David Beyer, Dennis Beyer, Jan Beyer, Diane P. Bjerke, Gary Boutiette, Beverly Christensen, Kay Christenson, Janet Czichatzki, Jared Dupree, Rosie Dupree, Marge Ehlers, Alice Ellsworth, Donald Facey, Pamela Facey, Maxine Harms, Dee Johansen, Edna Hermes, Cecil Irion, Darlene Irion, Germaine Jelinek, Donna Kerry, Ed Klein, Steve Klein, Butch Klinnert, Diane Klinnert, (Ed) Clared Knoell, Irv Leinen, Kaye Leinen, Joretta Lingen, Pat Mitzel, Berniece Miller, Jeri Oscarson, Eileen Overby, Julie Reeder, Charles Reiff, Muriel Revier, Mary Lou Roecker, Neil Ross, Celia Rossow, Rosemary Samuelson, Paul Sannes, Beverly Schillinger, Janella Schmidt, Nancy Stackhouse, Bruce Storm, Maynard Thomson, Dianne Vavra, Alan Wallace, Paula Wallace, Del Walters, Eugene Walter and Marlys Wefel.

Breckenridge Senior Center Mission Statement -

Our mission is to provide seniors with programs which will enhance and encourage independence, socialization, choices, and a healthy lifestyle. Everyone will be free of discrimination and be treated with dignity and respect.

PINOCHLE WINNERS

FEB 20, Pinochle Winners

- 1^{st.}: Charlie Dupree
- 2^{nd.}: Cecil Irion
- 3^{rd.}: VanDaLee Grandalen
- 4^{th.}: Jerry Loreth
- 5^{th.}: Steve Klein
- 6^{th.}: Paul Sannes

FEB 27, Pinochle Winners

- 1^{st.}: Jan Beyer
- 2^{nd.}: Jerry Loreth
- 3^{rd.}: David Beyer
- 4^{th.}: Rich Hills
- 5^{th.}: Jeri Oscarson

March 5, Pinochle Winners

No Pinochle -
Center used by City for Election

March 12, Pinochle Winners

- 1^{st.}: Neil Folstad
- 2^{nd.}: Steve Klein
- 3^{rd.}: Ella Watson
- 4^{th.}: Paul Sannes
- 5^{th.}: Beth Beyer

March 19, Pinochle Winners

- 1^{st.}: Jan Beyer
- 2^{nd.}: Kathy Johnson
- 3^{rd.}: Harvey Andel
- 4^{th.}: Paul Sannes
- 5^{th.}: Beth Beyer
- 6^{th.}: Marlys Wefel



WHIST WINNERS

FEB 22, Whist Winners

- 1^{st.}: Mike Dupree
- 2^{nd.}: Dianne Vavra
- 3^{rd.}: Janella Schmidt
- 4^{th.}: Darlene Arth

FEB 29, Whist Winners

- 1^{st.}: Darlene Arth
- 2^{nd.}: Bernice Miller
- 3^{rd.}: Dee Johanason
- 3^{th.}: Mike Dupree

March 7 Whist Winners

- 1^{st.}: Carol Helgeson
- 2^{nd.}: Muriel Revier
Ed Klein
- 3^{rd.}: Marlys Wefel
- 4^{th.}: Jared Dupree

March 14, Whist Winners

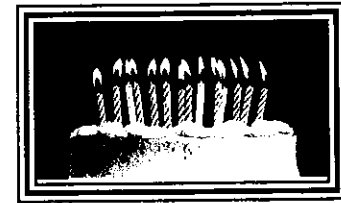
- 1^{st.}: Jared Dupree
- 2^{nd.}: Muriel Revier
- 3^{rd.}: Charlie Dupree
- 4^{th.}: Mike Dupree

March 21, Whist Winners

- 1^{st.}:
- 2^{nd.}:
- 3^{rd.}:
- 4^{th.}:



April Birthday's



- 04 Wallace Affield
- 06 Charles Dupree
- 09 Patricia Rustand
- 11 Krystal Schaible
- 14 Joretta Lingen
- 15 Mary Campbell
- 15 Darlene Irion
- 17 Donna Kelly
- 19 Judy Korinek
- 20 Sue Anderson
- 20 Don Facey
- 21 Lois Thykeson
- 22 Kaye Leinen
- 23 Dona Hasbargen
- 24 Joanie Ward
- 26 Robert Faulkner
- 27 Gordy Kessler

April Anniversaries

- 03 Steve Klien and Wife
- 20 Mike Dupree and Wife

RENTING THE SENIOR CITIZENS CENTER:

The Senior Center can be rented for special occasions: such as a bridal shower, rummage sale, family gathering, birthday party, anniversary party, graduation party, Christmas, etc.

The center can be rented on weekends, week nights, and may be rented during the week if we can make it work.

Dinning Room - \$80. plus \$100. deposit.

Note: Deposit is used to cover any cleaning charges or damage caused by renters. Deposit money will be returned if the center is cleaned and there is no damage.

SUPPORT YOUR SENIOR CENTER KITCHEN

Everyone is encouraged to come and have a NOON MEAL at the Breckenridge Senior Center. Suggested meal cost is \$5.00. Noon meals will be served, Monday to Friday at 11:00-12:00. If you wake up and decide you would like to have noon lunch at the center, please call the Center (643-5730) before 8:00 a.m. It would be best if you would inform us the day before your planned meal.

Look over the menu, pick a couple of days and make plans to eat at the center those days.

DAILY ACTIVITIES -

Pinochle each Tuesday 1:00 PM,

Bingo each Wednesday 1:00 PM

Whist each Thursday at 1:00 PM.

PINOCHLE, Tuesday 1:00 P.M. - There is normally four - five tables of players each week. Each player pays \$1.00 to play. There is a small cash price for the top four

players each week. Everyone enjoys playing cards, visiting and having lunch when they are done at about 3:30 p.m.

BINGO, Wednesday 1:00 P.M. - There is a charge 50 cents per card for the day and you can play as many cards as you would like.

We play a total of twenty different games. Each game winner receives a dollar. The 12th game is cover all, if you get all number on your card before a curtain number of numbers are called you will get \$25.00. If you get the first cover all but it is over the number of numbers called you will receive \$3.00. We have a small lunch after cover all. Then we play seven more games. We are normally done by 3:00 p.m.

WHIST, Thursday 1:00 PM - If you are interested in playing whist please call 218-643-5730. Your name will be added to a players list and you will be called when players are needed.

There is normally three - four tables of players each week. Each player pays \$1.00 to play. There is a small cash price for the top three players each week.

AFTERNOON LUNCH (Game Day) - I would like to see all game players take there turn providing-bringing lunch. We have a sign up sheet on the bulletin board next to the office. Please pick a date, and let us know the date by signing the lunch sign up sheet. If you are not able to make something, maybe you could buy something. It is a snack not a meal.

MEMBERSHIP DUES - BSC membership year is January 1 to December 31. If you want to remain a member please pay your 2024 membership. Yearly membership is \$10.00 or you could get a lifetime membership for \$100.

DONATIONS - If you have extra money and you are looking for a not-for-profit organization please consider donation to the Breckenridge Senior Citizens Center. We are a not-for-profit 501c public Agencies. This would be a great way to help the center.

CENTERS NEEDS - Bingo players to come and enjoy a couple of hours each Wednesday from 1 pm to 3 pm. You can play two cards all afternoon for \$1.00.

- * We could use the following idem's for daily operation.
- Regular or Decaffeinated Coffee and Creamer
- Cake & Brownie Mix, and Frosting.

MEMORIAL - If you would like to remind people of a special person in your life that has passed. You could give a memorial to the center in their name. I will print that you have made a donation to the center in their name.

MEMORIAL -

A memorial was given in memory of Al Wawers by:

- Bonnie & John Armstrong, Visalia CA
- Lynda & James Brinkman, Summerville SC
- Enid Brinkman, Visalis CA
- LaVonne & Charles Dupree, Breckenridge

A memorial was given in memory of Joe Harms by:

- Maxine Harms, West Fargo

UPCOMING EVENTS:

We will have Split Pot Bingo and Pot Luck Supper starting in April.

April 2024 Activities		
09	8:00 AM	Foot Clinic
	5:00 PM	Pot Luck Supper
	6:00 PM	Split Pot Bingo
10	8:00 AM	Foot Clinic
	9:00 AM	Board Meeting
17	11:30 AM	Birthday & Ann.
23	6:00 PM	Split Pot Bingo

April 9/10 - **FOOT CLINIC** - If you are interested in attending the foot clinic please call the Center 218-643-5730. The cost for this service is only \$20.00.

April 10 - **FOOT CLINIC POLICY CHANGE** - Starting April 10th , Chris and Julie will schedule appointments for the two days each month they are at the Breckenridge Senior Center.

April 17 - **BIRTHDAY MEAL** - Members of the Breckenridge Senior Center can enjoy a free noon meal at the center on the third Wednesday of the month of their birthday. You should call the day before the planned meal and inform Cheryl that you would like to attend the noon meal on April 23 and your choice of menu options.

April 10 - POTLUCK SUPPER - Please mark this date on your calendar and plan on attending the Potluck Supper. Please make a dish or purchase something and come enjoy a meal with your family at the center. Bring a friend, family member, neighbor, or just come and enjoy the good food and fellowship.

5:00 PM	Pot Luck Supper
5:45	Speaker - Missy Klemin from CHI
6:10	Split Pot Bingo

Have you ever wondered what the difference is between Home Care, Hospice and Palliative care? CHI Health will share what makes each service special and who would benefit from them. Representatives will be on hand to answer all your questions. April 16 is National Healthcare Directives Day and they will have copies of Advance Directive forms to hand out as well.

April 23 - Split pot Bingo (4th Tuesday)
Please come to play split pot bingo on Tuesday, April 23. We will start at 6:00 pm and be done about 8:30 pm. We will have a good time.

RUMMAGE SALE - The Center will be having its spring rummage sale on May 18. This will give you time to clean out the closets, basement, etc and be ready for the May 18th rummage sale

It would be greatly appreciated if you would be able to donate to this sale.

I would appreciate if you would wait until closer to the

date before you start brings your donations to the center.

Listed are the activities scheduled for May. This is what is planned, (things happen) we may need to change plans

MAY, 2024 Activities

07	8:00 AM - 5:00 PM	Foot Clinic
08	8:00 AM - 5:00 PM	Foot Clinic
	9:00 AM	Board Meeting
14	5:00 PM	Pot Luck Supper
	6:00 PM	Yearly Board Meeting
	6:30 PM	Split Pot Bingo
15	11:30 AM	Birthday & Ann
18	9:00 AM	Rummage Sale
28	6:00 PM	Split Pot Bingo

THANK YOU- Elizabeth (Libby) Dondrue.

Libby was hired November 2021 to help in the Kitchen getting meals out for Meals on Wheels. She was an employee in the Kitchen for two 1/2 years.

Libby has decided it was time to try something else. I would like to publicly thank her for her service to the Breckenridge Senior Center. I will miss her.

HELP NEEDED - Cheryl is looking for someone to help in the Kitchen. If you know of someone that is looking to work 25 hours per week please contact Cheryl or Harlan. (218-643-3730)

OFFICER & BOARD OF DIRECTORS ELECTION:

BSC CONSTITUTION

Officers - Article 4

Section 1: The officers of this organization shall be president, vice president, and recording secretary to be elected at the annual business meeting for a term of one year. The treasurer shall be the office manager.

Board of Directors - Article 5

Section 1: The Board of Directors shall consist of seven members: Four officers and three directors elected at the annual business meeting. The officers shall hold office for one year and the directors for three years.

The following positions are elected yearly.

The Officers of the Breckenridge Senior Center

Term one year:	President
	Vice President
	Secretary

The Board of Directors

One Board Member each year:	
Term three years	Board Member

If you are interested in running for Breckenridge Senior Citizens Office please inform Harlan.

The Breckridge Senior Center is rented to Lutheran Social Service of Minnesota for this event.

Friday, April 19

10 a.m. - 3 p.m.

Please check this out:

LSS Rural Aging Action Network Service
2nd Annual
Alder Adult Resource Fair

Come learn about local resources in your community that can assist you in enhancing your quality of life and aging successfully while developing a community of care.

Connect, learn and meet service providers in your area – at this free event!

We provide a free whole-person evaluation for older adults 60 years of age and older to support them in finding the right services to thrive. We assess their needs and provide referrals for housing, nutrition, access to health care, social activities and transportation. Through this evaluation, we identify and address gaps in services to ensure older adults are supported.

**Breckenridge Senior Citizens Center
April 2024 - Activities**

Monday	Tuesday	Wednesday	Thursday	Friday
01) Social Time	02) 1:00 Pinochle	03) 1:00 Bingo	04) 1:00 Whist	05) Social Time
08) Social Time	09) 8:00 Foot Clinic 1:00 Pinochle 5:00 Pot Luck 6:15 Split Pot Bingo	10) 8:00 Foot Clinic 9:00 Board Meeting 1:00 Bingo	11) 1:00 Whist	12) Social Time
15) Social Time	16) 1:00 Pinochle	17) 12:00 Birthday/Ann. 1:00 Bingo	18) 1:00 Whist	19) Social Time
22) Social Time	23) 1:00 Pinochle 6:00 Split Pot Bingo	24) 1:00 Bingo	25) 1:00 Whist	26) Social Time
29) Social Time	30) 1:00 Pinochle			

Breckenridge Monthly Meal Menu for April 2024

Monday	Tuesday	Wednesday	Thursday	Friday
01) Meatballs Pork Roast Mashed potato/gravy Corn Dessert	02) Fish Baked ham Baked beans Potato salad Strawberry shortcake	03) Pork chop Turkey Potato Casserole Green beans Orange fruited jell-o	04) Liver N Onions Meatloaf Mashed potato/gravy Baked squash Cake	05) Taco Salad Muffin Fruit Dessert
08) Country fried steak Chicken breast in country gravy Mashed potato/gravy Dill grazed carrots Fruit cup	09) Salisbury steak BBQ Ribette Baked potato Creamed peas Rosy Pears	10) Salmon loaf Roast beef Mashed potato/gravy Baked squash Dessert	11) Tater crust fish Pork Roast Mashed potato/gravy Mixed vegetables Cookie	12) Soup Sandwich Salad Dessert
15) Hamburger gravy Turkey gravy over mashed potato Mixed vegetables Cookie	16) Liver N Onions Pork Chop Au gratin potatoes Corn Apple crisp	17) Creamy Chicken Breast Meat loaf Peas and Carrots Mashed potato/gravy Dessert	18) Taco Salad Spaghetti/meat sauce Yellow beans Bread stick Fruit	19) Chef Salad Muffin Fruit Dessert
22) Fish Polish Sausage Creamed potatoes Baked Beans Pudding/topping	23) Ham Baked chicken Mashed potato/gravy Broccoli Cheese cake	24) Ribette Salisbury steak Baked potato Scalloped corn Cake	25) Chef Salad Ham Scalloped potatoes Carrots Dessert	26) Soup Sandwich Salad Dessert
29) Country Fried Steak Swedish Meatballs Mashed potato/gravy Harvard beets Cinnamon applesauce	30) Meat loaf Roast turkey Mashed potato/gravy Baked squash Jello/topping	Meals are served with low fat milk, break and margarine	NSI provided this service through a contract with the DSAAA with funding from the Federal Older Americans Act through the Minnesota Board on Aging.	This meal is prepared in a facility that uses wheat, soy, dairy and nuts. Menu is subject to change. Meals are served with low fat milk, bread, and margarine.

Please call by 8:00 with changes or leave a message anytime.
Phone # 643-5730