

Breckenridge Monthly Meal Menu for May 2022

Monday	Tuesday	Wednesday	Thursday	Friday
02) Polish Sausage Country fried steak Mashed potato/gravy Carrots Pudding /topping	03) Meatballs Chicken Potato Casserole Mixed Veggies Cookie	04) Turkey Mashed potato/gravy Corn Cinnamon applesauce	05) Chef Salad Hamburger Macaroni Squash Fruited gelatin	06) Taco Salad Corn Muffin Jell-o Chiffon
09) Fish Sloppy Joe/Bun Baked beans Potato Salad Rice Krispy bar	10) Tater Tot Hotdish Pork Chop Mashed potato/gravy Green beans Poke cake	11) Chicken strips Meatballs Mashed potato/gravy Peas and carrots Pudding/topping	12) Liver N Onions Ham Mashed potato W/county gravy Creamed corn Topical fruit	13) Soup Sandwich Salad Dessert
16) Chicken Patty Hamburger/Bun Macaroni Salad Baked beans Tropical fruit	17) Creamy Chicken Breast Meatloaf Baked potato Baked squash Jell-o chiffon	18) Tatar Crust fish Chicken Au gratin potatoes Carrots Fresh fruit	19) Meatballs Country fried steak Mashed potato/gravy Glazed carrots Dessert	20) Cobb Chicken Salad Fruit Salad Muffin
23) Ribette Pepper Steak Baked potato Beets Pudding/topping	24) Liver N Onions Mashed/gravy Spanish Rice Steamed broccoli Dinner roll Fruit Cup	25) Polish Sausage Baked fish Parsley red potatoes Fruited cabbage slaw Lemon fluff	26) Creamed Chicken Biscuits and sausage Gravy Hash browns Fresh fruit	27) Soup Salad Sandwich Dessert
30) Given out Friday Kitchen Closed Chicken pasta salad Fruit cup Bread stick Dessert	31) Chef Salad Spaghetti Mixed vegetables Garlic bread stick Mandarin oranges	NSI provides this service through a contract with the DSAAA with funding from the Federal Older Americans Act through the Minnesota Board on Aging	- Meals are served with low fat milk, bread, and margarine - Please call by 8:00 with changes or leave a message anytime. Phone # 643-5730	This meal is prepared in a facility that uses wheat, soy, dairy and nuts. Menu is subject to change.