

Breckenridge Monthly Meal Menu for January 2024

Monday	Tuesday	Wednesday	Thursday	Friday
01) Happy New Year Closed	02) Riblet Polish Sausage Potato Casserole Sauerkraut Brownie	03) Chef Salad Lasagna Garlic bread stick Cinnamon apples	04) Liver & onions Pork roast Mashed potato/gravy Mixed vegetables Bread pudding	05) Soup Salad Sandwich Dessert
08) Hamburger gravy Turkey gravy over mashed potatoes Peas N carrots Rice krispy bar	09) Baked ham Au gratin potatoes Steamed broccoli Spice cake	10) Chili Muffin Fruit juice Pudding/topping	11) Oven fried chicken Mashed potato/gravy Mixed vegetables Blushing pears	12) Tater tot hot dish Peas and carrots Dinner roll Fruited jell-0
15) Chicken/bun Baked beans Potato Salad Pudding/topping	16) Meatloaf Mashed potato/gravy Baked squash Whipped jell-o	17) Potato soup Meat sandwich Fruit Cup Cookie	18) Pork Chop Boiled potato/gravy Carrots Fruit Crisp	19) Chef Salad Muffin Cookie
22) Riblet Country fried steak Mashed potato/gravy Beets Cookie	23) Liver & onions Creamy Chicken breast Baked sweet potato Green beans Lemon Fluff	24) Chicken Strips Roast beef Mashed potato/gravy Carrots Fruit cup	25) Polish Sausage Salisbury steak Baked potato Baked Beans Chocolate pudding	26) Soup Sandwich Salad Dessert
29) Tater Crust Fish Swiss Steak Mashed potato/gravy Stewed Tomatoes	30) Meat balls Ham Scalloped potatoes Steamed broccoli Pudding/topping	31) Chef Salad Spaghetti with Meat Sauce Wax beans Bread sticks Mandarin oranges	NSI provides this service through a contract with the DSAAA with funding from the Federal Older Americans Act through the Minnesota Board on Aging	This meal is prepared in a facility that uses wheat, soy, dairy and nuts. Menu is subject to change.

Meals are served with low fat milk, bread, and margarine

No double choice Jan 9-18th Cheryl is on Vacation. Neal from Battle Lake will be cooking. Please call by 8:00 AM with any changes or leave a message on machine. Phone # 218-643-5730