

Breckenridge Monthly Meal Menu for April 2022

Monday	Tuesday	Wednesday	Thursday	Friday
NSI provides this service through a contract with the DSAAA with funding from the Federal Older Americans Act through the Minnesota Board on Aging	Meals are served with low fat milk, bread, and margarine	This meal is prepared in a facility that uses wheat, soy, dairy and nuts. Menu is subject to change.	- Please call by 8:00 with changes or leave a message anytime. Phone # 643-5730	01) Chili Salad Dessert
04) Chicken Strips Hot Pork sandwich Mashed potato/gravy Mixed vegetables Cookie	05) Fish Baked Ham Au gratin potatoes Broccoli Strawberry shortcake	06) Taco Salad Turkey ala king White rice Green beans Mandarin oranges	07) Liver N onions Meatballs Mashed potato/gravy Baked squash Cake	08) Chef Salad Muffin Fruit Dessert
11) Country fried steak Chicken breast in country gravy Mashed potato/gravy Dill glazed carrots Fruit cup	12) Spanish rice BBQ Brisket Baked potato Peas Rosy pears	13) Tarter Crust Fish Roast beef Mashed potato/gravy Baked squash Pudding/toppings	14) Chef Salad Country fried steak Mashed potato Mixed vegetables Cookie	15) Soup Sandwich Salad Dessert
18) Hamburger gravy Turkey gravy over Mashed potato Mixed vegetables Brownie	19) Liver N Onions Pork Chop Au gratin potatoes Carrots Apple crisp	20) Beef Stew Chili Muffin Fruit cup	21) Lasanga Turkey tetrazzini Corn Fruited jell-o	22) Cobb Salad Muffin Fruit Dessert
25) Fish Polish sausage Creamed potatoes Baked Beans Pudding/topping	26) Ham Baked chicken Mashed potato/gravy Broccoli Cheesecake	27) Chx Strips Salisbury steak Baked potato Creamed corn Cake	28) Meat Loaf Ham Scalloped potatoes Carrots Pudding	29) Soup Sandwich Salad Dessert