

## Breckenridge Monthly Meal Menu for February 2024

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
NSI provides this service through a contract with the DSAAA with funding from the Federal Older Americans Act through the Minnesota Board on Aging	Meals are served with low fat milk, bread, and margarine		01) Meatballs Tater Crust Fish Baked potato Creamed peas Lemon bar	02) Taco salad Muffin Fruit salad Dessert
05) Country Fried Steak Country pork chop Baked potato Wax beans Pudding/topping	06) Ham Baked chicken Mashed potato/gravy Glazed carrots Cookie	07) Chef Salad Hamburger Macaroni Casserole Corn Peaches	08) Liver N Onions Chicken strips Au gratin potatoes Broccoli Chocolate chip bar	09) Soup Sandwich Salad Dessert
12) Chicken patty/bun Fish patty/bun Potato Casserole Peas and carrots Fruit Cup	13) Ham Meat loaf Baked potato Mixed vegetables Poke cake	14) Ribette Baked Pork Chop Parsley boiled potato Sauerkraut Valentine cookie	15) Hot Dog/Bun Burger/bun Baked beans Potato Salad Brownie	16) Chef Salad Muffin Cookie
19) Creamy Chicken Breast Polish sausage Scalloped potatoes Creamed corn Pudding/topping	20) Liver N Onions Pepper steak Mashed potato/gravy Harvard beets Fruit crisp	21) Meatballs Turkey Mashed potato gravy Parsley carrots Fruit cup	22) Beef stroganoff Chicken Alfredo Egg noodles Mandarin Oranges Green beans	23) Soup Sandwich Salad Dessert
26) Chicken Strips Country fried steak Mashed potato/gravy Peas & carrots Rosy applesauce	27) Tuna tetrazzini Lasagna Green beans Breadstick White frosted cake	28) Turkey Pork chop Dressing/gravy Mashed potato/gravy Squash Rice krispy bar	29) Mac & Cheese Tater tot hotdish Mixed vegetables Dinner roll Fruit cup	This meal is prepared in a facility that uses wheat, soy, dairy and nuts. Menu is subject to change.

Please call by 8:00 AM with any changes or leave a message on machine. Phone # 218-643-5730