

Breckenridge Senior Citizens Center March 2026 - News Letter



Board of Directors

President: Harlan Arneson,

Vice President: Darlene Arth,

Treasure: Harlan Arneson

Secretary: Ella Watson

Board Members:

Faye Andree, Janette Hasse and Arlene Cossette

Life Time Members: Beverly Arneson, Harlan Arneson, Shirley Berndt, Audrey Boll, Myrna Burlinson, Cal Cole, Margaret Conzemius, Arlene Cossette, Jeanne Devine, Charles Dupree, LaVonne Dupree, Mike Dupree, Bev Dozak, Alice Gowin, Dona Hasbargen, Janette Hasse, Valeria Hegel, Carol Helgeson, Dennis Higgins, Kathleen Johnson, MarJo Keller, Gordy Kessler, Judy Korinek, Kevin Krutsinger, Albert Mikesh, Merrill Miranowski, Stephanie Miranowski, Pat Mitzel, Audrey Osmondson, Beryl Osmondson, Paulette Raguse, Dorothy Rakow, Lois Ruediger, Elizabeth Spenst, Janella Schmidt, Ella Watson, Sandra Wilson, Gary Wawers, Cheryl Ziegelmann and Steve Ziegelmann.

2025 Paid Yearly Members - Wallace Affield, Faye Andree, Darlene Arth, Barbara Baumgartner, Becke Beach, Beth Beyer, Dennis Beyer, David Beyer, Jan Beyer, Gary Boutiette, Kay Christenson, Alice Ellsworth, Donald Facey, Pam Facey, Neil Folstad, Phyllis Folstad, Tom Hiedeman, Steve Klein, Joretta Lingen, Christine Orsburne, Raymond, Orsburne, Jeannette Pikarski, Gloria Reisdoefer, Celia Rossow, Nancy Stackhouse, Cynthia Sprung, Dianne Vavra, Marlys Wefel, Mark Ward, and Joanie Ward.

I make mistakes, if you have paid membership and I have not listed your name on this sheet, please give me a call.

If you have not paid your membership please pay soon.

Membership - It is that time of the year, time to pay your Breckenridge Senior Center Membership Dues. Yearly membership is \$20.00 or you could get a lifetime membership for \$150.00. Members receive a newsletter, voting rights, and a free meal on their birthday month. Being a Senior Center member is a great way to meet new people, and socialize. Being involved helps keep minds and bodies active and healthy!

Word of mouth is the best advertising, so tell your friends and neighbors about the Center.

Breckenridge Senior Center Mission Statement - Our mission is to provide seniors with programs which will enhance and encourage independence, socialization, choices, and a healthy lifestyle. Everyone will be free of discrimination and be treated with dignity and respect.

PINOCHLE WINNERS

DEC. 30, Pinochle Winners

- 1st: Becki Beach
- 2nd: Kathy Johnson
- 3rd: Curt
- 4th: Kay Christensen
- 5th: Jerry C

JAN 06, Pinochle Winners

- 1st: Charlie Dupree
- 2nd: Jared Dupree
- 3rd: Denny Beyer
- 4th: Ella Watson
- 5th: David Beyer

JAN 13, Pinochle Winners

- 1st: Phyllis Folstad
- 2nd: Harvey Andel
- 3rd: Tom Hiedeman
- 4th: Tim Kaiser
- 5th: Alice Ellsworth
- 6th: Muriel Revier

JAN 20, Pinochle Winners

- 1st: Kay Christensen
- 2nd: Cecil Irion
- 3rd: Tom Hiedeman
- 4th: Alice Ellsworth
- 5th: David Beyer
- 6th: Kathy Johnson



JAN 27, Pinochle Winners

- 1st: Muriel Revier
- 2nd: Neal Folstad
- 3rd: Kay Christensen
- 4th: David Beyer
- 5th: Cecil Irion

WHIST WINNERS

JAN 01, Whist Winners

No Card
New Years Day

JAN 08, Whist Winners

- 1st: Marlys Wefel
Connie Kinniberg
- 2nd: Mary Kosel

JAN 15, Whist Winners

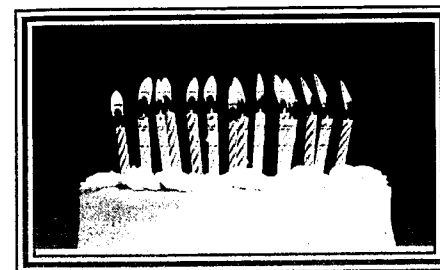
- 1st: Kay Christensen
- 2nd: Connie K

JAN 22, Whist Winners

- 1st: Charlie Dupree
- 2nd: Alice Ellsworth
- 3rd:

JAN 29, Whist Winners

- 1st: Lois Ruediger
- 2nd: Charlie Dupree
- 3rd: Janella Schmidt



March Birthdays

- 08 Alice Gowin
- 09 Kevin Krutsinger
- 10 Janette Hasse
- 13 Tom Kloster
- 17 Pat Peterson
- 20 Dorothy Rakow
- 21 Dennis Higgins
- 22 Gloria Reisdorfer
- 29 LaVonne Dupree

March Anniversaries

- 01 Janella/Husband Schmidt
- 03 Christine/Raymond Orsburne

BIRTHDAY MEAL - If your Birthday is in March come and enjoy a free meal on Sanford Health on March 18th. We would like to also recognize our members that were married in March

PINOCHLE WINNERS

Feb 3, Pinochle Winners

- 1st. Jerry Loreth
- 2nd. Jared Dupree
- 3rd. Charlie Dupree
- 4th. Marlys Wefel
- 5th. Tom Hiedaman
- 6th. Jan Beyer /
Marty Dupree



Feb 10, Pinochle Winners

- 1st. Harvey Andel
- 2nd. Jeri Oscarson
- 3rd. Rich Hill
- 4th. Charlie Dupree
- 5th. Marlys Wefel

Feb 17, Pinochle Winners

- 1st. Harvey Abdel
- 2nd. Beth Beyer
- 3rd. Bob Oscarson
- 4th. Phyllis Folstad
- 5th. Ella Watson
- 6th. Kay Christensen

Feb 24, Pinochle Winners

- 1st.
- 2nd.
- 3rd.



GAME INFORMATION

Pinochle, Tuesday 1:00 p.m.

There is normally five - six tables of players each week. Each player pays \$1.00 to play. There is a small cash price for the top five players each week. Everyone enjoys playing cards, visiting and having lunch when they are done at about 4:00 p.m.

Bingo, Wednesday 1:00 p.m.

There is a charge of 50 cents per card for the day and you can play as many cards as you would like. We play a total of twenty different games. Each game winner receives a dollar. The 12th game is blackout, if you get backout before a certain number of numbers are called you will get \$25.00. If you get the first backout but it is over the number of numbers called you will receive \$3.00. We have a small lunch after we play blackout. We are normally done by 3:00 p.m.

Whist, Thursdays 1:00 p.m.

There is normally two or three tables each week. Each player pays \$1.00 to play. There is a small cash price for the top three players each week. A small lunch is served. Everyone enjoys playing cards, visiting and having lunch when they are done playing whist at about 4:00 p.m.

WHIST WINNERS

Feb 5, Whist Winners

- 1st. Lois Ruediger
Charlie Dupree
- 2rd. Janella Schmidt
- 3th.

Feb 12, Whist Winners

- 1st. Alice Ellsworth
- 2nd. Maynard Thomson
- 3rd. Charlie Dupree
- 4th.

Feb 19, Whist Winners

- 1st.
- 2nd.
- 3rd.

New card players are always welcome

If you are interested in playing cards you need to get your name on the card player list.

Pinchole - Call Beth Beyer

218-731-5091

Or Jared Dupree

701-640-4557

Whist - Call Darlene Arth

701-793-1064

GENERAL INFORMATION

Renting the Senior Citizens Center

The Senior Center can be rented for special occasions: such as a bridal shower, rummage sale, family gathering, birthday party, anniversary party, graduation party, Christmas, etc. The center can be rented on weekends, week nights, and may be rented during the week if we can make it work.

Dinning Room - \$100. Rent plus \$100. Deposit

Note: Deposit is used to cover any cleaning charges or damage caused by renters. Deposit money will be returned if the center is cleaned and there is no damage.

Donations - If you have extra money and you are looking for a not-for-profit organization to donate to, please consider donation to the Breckenridge Senior Citizens Center. This would be a great way to help the Breckenridge Senior Center.

Memorial - If you would like to remind people of a special in your life that has passed, you could give a memorial to the center in their name. I will print that you donated a memorial in the Breckenridge Senior Center in their name.

Handicap Parking - Please save the parking spots close to the West door for the people that have problems walking.

Note: I will work with the City to get more Handicap Parking spots on the West side of the Building.

Thank You for your cooperation.

GENERAL INFORMATION

Weather - It is that time of the year where we will have bad weather

- If there is bad weather and you are wondering if the Center is open for daily activity's check the TV. If Breckenridge School System closed because of weather, we will cancel activities for that day. This includes the foot Clinic.

- We have a calling list we can use if for some reason we feel games should be cancelled and Breckenridge School is being held.

- You can call me if needed 701-899-2502.

Winter Schedule - We have not scheduled any evening activities for our members at the Senior Center in January or February & March only day time activities.

Foot Clinic - If you are interested in attending the foot clinic and would like to get an appointment, please call:

Chris (320-224-5521) or

Julie (216-731-4190).

CHANGES - Ella Watson has decided to turn over her responsibly as Director of Whist to Darlene Arth. Ella will still play cards and help Darlene when she needs help.

Darlene's Arth is our new Director of Whist, her phone number is 701-793-1064.

UPCOMING EVENTS

DAILY ACTIVITIES

Pinochle - Tuesday 1:00 p.m.

Bingo - Wednesday 1:00 p.m.

Whist - Thursday 1:00 p.m.

March other Events

Tuesday	10	8:00 AM	Foot Clinic
Wednesday	11	8:00 AM	Foot Clinic
Wednesday	11	9:00 AM	Board Meeting
Wednesday	18	11:15 AM	Birthday/Anniversary

EVENING EVENTS

January, February and March we will only have daily activities at the Center. We will close daily activities when the weather is bad.

We will close when the Breckenridge School System calls off school because of Bad Weather

March 10/11 Caring Hands Foot Clinic

Julie and Chris are at the Breckenridge Senior Center every second Wednesday and the day before each month. If you would like to attend the foot clinic please call Chris (320-224-5521) or Julie (216-731-4190) to make an appointment.

This is a clinic appointment to get your feet done. You need to be on time and call them if you can't attend the appointment. This is a business and they depend on this income.

When Caring Hands Foot Clinic is at the Breckenridge Senior Center they will follow the bad weather policy of the Breckenridge Senior Center.

March 18 Birthday Meal

Members of the Breckenridge Senior Center can enjoy a free noon meal at the center on the third Wednesday of the month of their birthday. You need to call the Center the day before the planned meal and inform Cheryl that you would like to attend the noon meal and your choice of the menu options. Sanford Health is sponsoring this Birthday event.

REPORTS ON ACTIVITIES

Monday, January 12 - Role in Heart Health

A presentation on Role in Heart Health was put on by Sanford Health Wahpeton at the Senior Center. We learned they can help us identify and manage risk factors like high blood pressure, high cholesterol, and diabetes, which can contribute to heart disease. PCP's also plays a crucial role in early detection and prevention of heart problems through screening, lifestyle guidance, and referrals to specialists when needed. There was ten people in attendance.

Wednesday, January 21 - Birthday/Anniversary

Members of the Breckenridge Senior Center born in January were invited to attend the noon meal at the Senior Center on January 21st.

The following members with birthdays in January were in attendance: Muriel Revier, Shirley Berndt, Neil Folstad, Jeanne DeVine, and Phyllis Folstad.

A special thank you to Sanford Health for sponsoring the Birthday meals and the Birthday Cake. (Page 5)

Meals on Wheels (Breckenridge) - March 2026

Monday	Tuesday	Wednesday	Thursday	Friday
02) Chicken Strips Swiss Steak Mashed potato/gravy Creamed corn Fruit Cup	03) Taco Salad Chicken & Dumplings Muffins Carrots Pudding/topping	04) Baked Chicken Tater Crust Fish Baked potato Squash Dessert	05) Ham Meatloaf Au gratin potatoes Mixed vegetables Baked diced apples	06) Vegetable soup Egg salad sandwich Vanilla fruit salad Cookie
09) Meatballs Pork chop Mashed potato/gravy Carrots Peanut butter bar	10) Chef Salad Spaghetti/meat sauce Yellow beans Bread Stick Mandarin oranges	11) Ham Roast beef Mashed potato/gravy Peas & Carrots Starbust Cake	12) Liver N Onions Chicken strips Potato Casserole Colesaw Pudding	13) Chicken rice soup Sandwich Fruit juice Peaches
16) Hamburger gravy Creamed chicken over a biscuit Peas & carrots Fruit cup	17) Creamy chicken breast Swedish meatballs Mashed potato/gravy Harvard beets Lemon bar	18) Ham Roast turkey Mashed potato/gravy Baked squash Jello/topping	19) Chicken Alfredo Beef stew Biscuit Fruit cup Apple sauce	20) Chili Muffin Fruit juice Pudding
23) Country fried steak Pepper steak Boiled potatoes/gravy Creamed corn Pudding/topping	24) Liver N Onions Baked ham Baked sweet potato Green beans Pumpkin bar	25) Chicken Lettuce Salad Hamburger macaroni casserole Mixed vegetables Warm baked apples	26) Baked chicken Roast pork Mashed potato/gravy Beets Cake	27) Chicken rice soup Sandwich Fruit juice Peaches
30) BBQ Ribette Polish sausage Parsley potatoes Sauerkraut Cookie	31) Meat Loaf Chicken Strips Mashed potato/gravy Squash Cinnamon applesauce	This meal is prepared in a facility that uses wheat, soy, dairy and nuts. Menu is subject to change.	Meals are served with low fat milk, bread, and margarine.	NSI provided this service through a contract with the DSAAA with funding from the Federal Older Americans Act through the Minnesota Board on Aging.

Please call by 8:00 with changes or leave a message anytime.

Phone # 218-643-5730

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